

River's Edge Cafe January 3^{ra} – January 7th

Jo Landon Manager exdphillips66@gmail.com Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday		Tuesday		Wednesday	
HEALTHY HABIT:		CHEF'S MARKET: Chicken & Broccoli over With one Side	Rice\$6.99 \$7.99	CHEF'S MARKET: Tamales with Chili With 1 side	\$5.99 \$7.99
Pork Loin \$5.99 With 2 Sides \$7.99 SIDES: Oven Roasted Potatoes \$1.75 Green Beans \$1.75 Vegetable Medley \$1.75 GRILL SPECIAL: Fried Popcorn Shrimp \$5.99	HEALTHY HABIT: Shrimp Stir Fry Over Rice With 1 Side	\$6.99 \$7.99	HEALTHY HABIT: Salsa Chicken With 2 Sides	\$5.99 \$7.99	
	\$1.75 \$1.75	SIDES: Steamed Rice Stir Fry Vegetables Egg Roll Crab Rangoon	\$1.75 \$1.75 \$1.75 \$1.75	SIDES: Mexican Rice Refried Beans Mixed Vegetables	\$1.75 \$1.75 \$1.75
		GRILL SPECIAL: Sloppy Joe & Cheese Sandwich	\$4.99	GRILL SPECIAL: Hamburger Horseshoe	\$5.99

Thursday		Friday		Served Daily	
CHEF'S MARKET: Country Fried Steak With 2 sides HEALTHY HABIT: Stuffed Butternut Squash With 2 Sides	\$5.99 \$7.99 \$5.99 \$7.99	CHEF'S MARKET: Fried Fish With 2 sides HEALTHY HABITS: Herb Baked Fish With 2 Sides	\$5.99 \$7.99 \$5.99 \$7.99	Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate	
SIDES: Mashed Potatoes Corn Zucchini & Yellow Squash GRILL SPECIAL: Western Chicken Sandwich	\$1.75 \$1.75 \$1.75	SIDES: Au Gratin Potatoes Vegetable Medley Cole Slaw GRILL SPECIAL: Bacon Cheese Burger	\$1.75 \$1.75 \$1.75 \$5.99		