

River's Edge Cafe February 28th – March 4th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am - 8:30 am
10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

DELI STATION CLOSED TODAY

CHEF'S MARKET: Roast Pork Loin \$5.99 \$7.99 With 2 sides **HEALTHY HABIT:** \$5.99 **Eggplant Parmesan** With 2 Sides \$7.99 SIDES: Oven Roasted Potatoes \$1.75 Spinach \$1.75 Vegetable Medley **GRILL SPECIAL:**

Turkey & Cheese Wrap

Tuesday

DELI STATION CLOSED TODAY

CHEF'S MARKET:

Chicken Shrimp & Sausage Jambalaya over Rice With Cornbread

HEALTHY HABIT:

Cajun Chicken with Black
Bean Salsa \$5.99
With 2 Side \$7.99

\$7.99

SIDES:

\$5.99

Steamed Rice \$1.75 Corn Bread \$1.75 Mixed Vegetables \$1.75

GRILL SPECIAL:

Buffalo Chicken Wrap \$5.99

Wednesday

CHEF'S MARKET: Herb Chicken Breast With 2 Sides	\$5.99 \$7.99
HEALTHY HABIT: Crab Cakes With 2 Sides	\$5.99 \$7.99
SIDES: Wild Rice Green Beans Vegetable Medley	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Shrimp PO Boy	\$5.99

Thursday

CHEF'S MARKET: Country Fried Steak With 2 sides	\$5.99 \$7.99
HEALTHY HABIT: Boneless Pork Chop With 2 Sides	\$5.99 \$7.99
SIDES: Mashed Potatoes Corn Italian Green Beans	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Meatball Sub	\$5.99

Friday

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CHEF'S MARKET: Fried Fish With 2 Sides	\$5.99 \$7.99
HEALTHY HABIT: Parmesan Crusted Fish With 2 Sides	\$5.99 \$7.99
SIDES: Macaroni & Cheese Baked Beans Vegetable Medley	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Chili Cheese Dog	\$5.99

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate