

### Monday

**CHEF'S MARKET:**

Red Beans, Rice &  
Spicy Sausage with  
Corn Bread **\$7.99**

**HEALTHY HABIT:**

Herb Chicken Breast **\$5.99**  
With 2 Sides **\$7.99**

**SIDES:**

Steamed Rice **\$1.75**  
Green Beans **\$1.75**  
Vegetable Medley **\$1.75**

**GRILL SPECIAL:**

Chili Cheese Dog **\$5.99**

### Tuesday

**CHEF'S MARKET:**

Turkey Stuffed Peppers **\$5.99**  
With 1 Side **\$7.99**

**HEALTHY HABIT:**

Cajun Chicken **\$5.99**  
With Black Bean Corn Salsa **\$7.99**  
With 2 Sides **\$7.99**

**SIDES:**

Herb Roasted Potatoes **\$1.75**  
Peas & Mushrooms **\$1.75**  
Vegetable Medley **\$1.75**

**GRILL SPECIAL:**

Buffalo Chicken Wrap **\$5.99**

### Wednesday

**CHEF'S MARKET:**

Tamales with Chili **\$6.99**  
With 1 Side **\$7.99**

**HEALTHY HABIT:**

Turkey Enchiladas **\$6.99**  
With 1 Side **\$7.99**

**SIDES:**

Mexican Rice **\$1.75**  
Refried Beans **\$1.75**  
Vegetable Medley **\$1.75**

**GRILL SPECIAL:**

Bacon Cheese Burger **\$5.99**

### Thursday

**CHEF'S MARKET:**

Country Fried Steak **\$5.99**  
With 2 sides **\$7.99**

**HEALTHY HABIT:**

Boneless Pork Chop **\$5.99**  
With 2 Sides **\$7.99**

**SIDES:**

Mashed Potatoes **\$1.75**  
Corn **\$1.75**  
Italian Green Beans **\$1.75**

**GRILL SPECIAL:**

Meatball Sub **\$5.99**

### Friday

**CHEF'S MARKET:**

Fried Fish **\$5.99**  
With 2 Sides **\$7.99**

**HEALTHY HABIT:**

Spinach & Feta **\$5.99**  
Stuffed Fish **\$7.99**  
With 2 Sides **\$7.99**

**SIDES:**

Buttered Boiled Potatoes **\$1.75**  
Baked Beans **\$1.75**  
Vegetable Medley **\$1.75**

**GRILL SPECIAL:**

Shrimp PO Boy **\$5.99**

### Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate