

# River's Edge Cafe

May 9th- May 13th Jo Landon Manager exdphillips66@gmail.com

Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

**Green Choose MORE often Yellow choose in Moderation Red choose LESS often** 

### Monday

CHEF'S MARKET: Spaghetti & Meat Sauce with Breadstick \$6.99 With 1 Side \$7.99 **HEALTHY HABIT:** Mango Salsa Chicken \$5.99 With 2 Sides \$7.99 SIDES: Oven Roasted Potatoes \$1.75 **Roasted Brussel Sprouts** \$1.75 Peas & Mushrooms \$1.75 GRILL SPECIAL: Hamburger Horseshoe \$6.99

### **Tuesday**

CHEF'S MARKET: Beef & Broccoli Stir Fry \$6.99 With 1 Side \$7.99 **HEALTHY HABIT:** Chicken Fried Rice \$6.99 With 1 Side \$7.99 SIDES: Steamed Rice \$1.75 Stir Fry Vegetables \$1.75 Egg Roll \$1.75 Crab Rangoon \$1.75 GRILL SPECIAL: Western Chicken Sandwich

## Wednesday

CHEF'S MARKET: Smoked Pork \$5.99 With two sides \$7.99 **HEALTHY HABIT:** Smoked Chicken \$5.99 With Two Sides \$7.99 SIDES: Macaroni & Cheese \$1.75 Vegetable Medley \$1.75 Cole Slaw \$1.75 GRILL SPECIAL: Pork Fritter Sandwich \$5.99

Thursday

Sandwich

### CHEF'S MARKET: \$5.99 Country Fried Steak With 2 sides \$7.99 **HEALTHY HABIT:** Stuffed Butternut Squash \$5.99 With 2 Sides \$7.99 SIDES: Mashed Potatoes \$1.75 Corn \$1.75 \$1.75 Vegetable Medley **GRILL SPECIAL:** Chicken Parmesan

\$5.99

### Friday

CHEF'S MARKET:

\$5.99

Fried Fish With 2 sides	\$5.99 \$7.99
HEALTHY HABITS: Herb Baked Fish With 2 Sides	\$5.99 \$7.99
SIDES: Buttered Boiled Potatoes Spaghetti Marinara Spinach Cole Slaw	\$1.75 \$1.75 \$1.75 \$1.75
GRILL SPECIAL: Buffalo Chicken Wrap	\$6.49

### Served Daily

Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate