

River's Edge Cafe September 19th -September 23rd

Jo Landon Manager exdphillips66@gmail.com Unire R.M am _ R.20 am

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation **Red choose LESS often**

Monday

CHEF'S MARKET: Baked Mostaccioli with Breadstick With 1 Side	\$6.99 \$7.99
HEALTHY HABIT: Baked Leg Quarters With 2 Sides	\$5.99 \$7.99
SIDES: Roasted Sweet Potatoes Green Beans Vegetable Medley	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Chili Cheese Dog	\$5.99

Tuesday

CHEF'S MARKET: Beef Stroganoff over	
Egg noodles	\$6.99
With 1 Side	\$7.99
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Rosemary Artichoke Chicker	\$5.99
With 2 Sides	\$7.99
SIDES:	
Oven Roasted Potatoes	\$1.75
Peas & Mushrooms	\$1.75
Steamed Broccoli	\$1.75
GRILL SPECIAL: Chipotle Chicken Sandwich v	with
•	\$5.99

Wednesday

Deli Station Closed Today CHEF'S MARKET: Smoked Pork With two sides

HEALTHY HABIT:	
Smoked Chicken	\$5.99
With Two Sides	\$7.99

\$5.99

\$7.99

SIDES:	
Au Gratin Potatoes	\$1.75
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\$1.75 Vegetable Medley **Baked Beans** \$1.75

GRILL SPECIAL: Pork Fritter Sandwich \$5.99

Thursday

CHEF'S MARKET:

Fried Chicken

With 2 sides	\$7.99
HEALTHY HABIT: Baked Chicken With 2 sides	\$5.99 \$7.99
SIDES: Mashed Potatoes Corn Italian Green Beans	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Grilled Ham & Cheese	\$5.99

Friday

\$5.99

CHEF'S MARKET: Fried Fish With 2 Sides	\$5.99 \$7.99
HEALTHY HABIT: Baked Fish With 2 Sides	\$5.99 \$7.99
SIDES: Macaroni & Cheese Baked Beans Mixed Vegetables	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Mushroom & Swiss Burger	\$5.59

Served Daily

Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate