

River's Edge Cafe June 16th- June 20th

Jo Landon Manager <u>exdphillips66@gmail.com</u> Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

CHEF'S MARKET: Spaghetti & Meat Sauce	
With breadstick With 1 Side	\$9.35 \$10.75

SIDES.	
Oven Roasted Potatoes	\$2.50
Peas & Mushrooms	\$2.50
Vegetable Medley	\$2.50
GRILL SPECIAL:	
Western Chicken Sandwich	\$6.99

Tuesday

CHEF'S MARKET: Teriyaki Chicken Breast With 2 Sides	\$7.50 \$10.75
HEALTHY HABITS: Harvest Apple Salad	\$10.75
SIDES: Wild Rice Green Beans Vegetable Medley	<mark>\$2.50</mark> \$2.50 \$2.50
GRILL SPECIAL: Greek Gyro	\$7.50

Wednesday

CHEF'S MARKET: Beef Nachos	\$10.75
HEALTHY HABITS: Salsa Chicken With 2 Sides	\$7.50 \$10.75
SIDES: Mexican Rice Refried Beans Vegetable Medley	\$2.50 \$2.50 \$2.50
GRILL SPECIAL:	

Chicken Parmesan Sandwich \$	6.9	9
------------------------------	-----	---

Thursday

CHEF'S MARKET: Roast Pork Loin With 2 sides	\$7.50 \$10.75
SIDES: Oven Roasted Potatoes Steamed Broccoli Vegetable Medley	<mark>\$2.50</mark> \$2.50 \$2.50
GRILL SPECIAL: Bacon Cheeseburger	\$7.99

Friday

CHEF'S MARKET 7 Wings Choice of Buffalo or Garlic Parmesan With 2 Sides	\$7.50 \$10.75
SIDES: Macaroni & Cheese Cole Slaw Mixed Vegetables	\$2.50 \$2.50 \$2.50
GRILL SPECIAL: Cod Sandwich with tarter pickle & onion	\$5.99

Served Daily

Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate