

River's Edge Cafe

July 7th-July 11th Michelle Bechtold Manager exdphillips66@gmail.com Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

CHEF'S MARKET:

HEALTHY HABIT: Baked Italian Herb Chicken Tenders With 2 Sides	\$7.50 \$10.75
SIDES: Wild Rice Vegetable Medley Peas & Mushrooms	\$2.50 \$2.50 \$2.50
GRILL SPECIAL: Grilled Patty melt	\$6.99

Tuesday

CHEF'S MARKET: Shrimp Fettuccini Alfredo

With breadstick \$9.35 With 1 Side \$10.75

HEALTHY HABIT: Avocado cobb salad

SIDES:

Oven Roasted Potatoes \$2.50 Steamed Broccoli \$2.50 Vegetable Medley \$2.50

GRILL SPECIAL:

Mushroom & Swiss Burger \$6.99

Wednesday

CHEF'S MARKET:	
Smoked Pork	\$7.50
With 2 Sides	\$10.75
HEALTHY HABIT:	
Smoked Chicken	\$7.50
With 2 Sides	\$10.75
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SIDES:	
Macaroni & Cheese	\$2.50
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\$10.75

Cole Slaw \$2.50 Vegetable Medley \$2.50

GRILL SPECIAL:

Grilled Reuben Sandwich \$7.50

Thursday

CHEF'S MARKET: Fried Chicken With 2 sides	\$7.50 \$10.75
HEALTHY HABIT: Liver & Onions With 2 sides	\$7.50 \$10.75
SIDES: Mashed Potatoes Corn Vegetable Medley	\$2.50 \$2.50 \$2.50
GRILL SPECIAL: Sloppy Jo Wrap	\$6.99

Friday

CHFF'S MARKET.

Catfish Nuggets With 2 Sides	\$7.50 \$10.75
SIDES: Potato Salad Baked Beans Mixed Vegetables	\$2.50 \$2.50 \$2.50
GRILL SPECIAL: Chicken Philly Sandwich With cheese, peppers & onions	\$7.50

Served Daily

Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate