

Monday, November 6

MOM'S SOUP BOWL:

- Cream of Chicken & Rice 3.00 ●
- Texas Chili 3.40 ●

HEALTHY HABITS:

- Mediterranean Grilled Shrimp & Veggies over Brown Rice 6.25 ●

CHEF'S MARKET:

- Meatloaf 5.20 ●

SIDES:

- Mashed Potatoes 1.50 ●
- Fresh Veggies 1.45 ●

DAILY SPECIAL:

- Buffalo Turkey Meatball Sub, Homemade Chips, & 20 oz. Fountain Drink 6.75 ●

Tuesday, November 7

MOM'S SOUP BOWL:

- Gumbo 3.00 ●
- Texas Chili 3.40 ●

HEALTHY HABITS:

- Spiced Chicken Cutlets Topped with Fajita Veggies 6.25 ●

CHEF'S MARKET:

- Loaded Baked Potato 5.20 ●

SIDES:

- Southwest Rice 1.50 ●
- Fresh Vegetables 1.45 ●

DAILY SPECIAL:

- Hawaiian Chicken Sandwich & 20oz Fountain Drink 6.25 ●

Wednesday, November 8

MOM'S SOUP BOWL:

- Chicken & Dumplings 3.00 ●
- Texas Chili 3.40 ●

CHEF'S MARKET:

- Sautéed Chicken Breast with Creamy Mushrooms and Peas 5.20 ●

HEALTHY HABITS:

- Teriyaki Pineapple Pork Chop 5.20 ●

GRILL:

- Catfish Nugget Platter with Fries 6.25 ●

SIDES:

- Fried Rice 1.50 ●
- Fresh Veggies 1.45 ●

DAILY SPECIAL:

- Grilled Burger, Homemade Chips, and 20oz. Fountain Drink 6.25 ●

Thursday, November 9

MOM'S SOUP BOWL:

- Clam Chowder 3.00 ●
- Texas Chili 3.40 ●

MADE TO ORDER:

- Asian Chicken Salad 6.30 ●

CHEF'S MARKET:

- Chicken Broccoli Divan 5.20 ●

SIDES:

- Baked Sweet Potato Wedges 1.50 ●
- Fresh Vegetables 1.45 ●

DAILY SPECIAL:

- Coney Island Chili Dog, Homemade Chips, and 20oz. Fountain Drink 6.50 ●

Friday, November 10

MOM'S SOUP BOWL:

- Garden Vegetable 3.00 ●
- Texas Chili 3.40 ●

CHEF'S MARKET:

- BBQ Ribs 5.20 ●

CHEF'S MARKET:

- Pasta con Broccoli 5.20 ●

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95 ●

SIDES:

- Green Beans 1.45 ●
- Roasted Potatoes 1.50 ●

DAILY SPECIAL:

- Beef & Cheddar Melt and 20oz. Fountain Drink 6.50 ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ● (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often