

Monday, October 16

MOM'S SOUP BOWL:

- Chicken Noodle 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Greek Gyro 6.30

HEALTHY HABITS:

- Herb Marinated Chicken over Spinach & Tomato Orzo 6.25

GRILL:

- Chicken Bacon Ranch 5.95

SIDES:

- Potatoes, Peppers, & Onions 1.50
- Fried Okra 1.50

DAILY SPECIAL:

- Grilled Cheese, Homemade Chips, & 20 oz. Fountain Drink 5.75

Tuesday, October 17

MOM'S SOUP BOWL:

- Chicken, Mushroom, & Wild Rice 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Spinach Berry Salad with Grilled Chicken 6.30

HEALTHY HABITS:

- Pork Loin Cacciatore 5.20

CHEF'S MARKET:

- Open Faced Roast Beef Melt 5.95

SIDES:

- Mashed Potatoes 1.50
- Broccoli & Cauliflower 1.45

DAILY SPECIAL:

- Turkey Burger with Mushrooms & Swiss, Homemade Chips & 20oz. Fountain Drink 6.25

Wednesday, October 18

MOM'S SOUP BOWL:

- Gumbo 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Chipotle Been Nachos with Peppers & Onions 6.30

HEALTHY HABITS:

- Balsamic Glazed Chicken Breast with Roasted Veggies 6.25

SIDES:

- Rice & Beans 1.50
- Oven Roasted Vegetables 1.45

DAILY SPECIAL:

- Italian Beef Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.25

Thursday, October 19

MOM'S SOUP BOWL:

- Broccoli Cheddar 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Roasted Pork Loin with Root Vegetables 6.25

CHEF'S MARKET:

- Cheese Manicotti & Breadstick 5.50

GRILL:

- Chicken Quesadilla 4.50

SIDES:

- Rice 1.50
- Mixed Vegetables 1.45

DAILY SPECIAL:

- BBQ Burger, Homemade Chips, and 20oz. Fountain Drink 6.25

Friday, October 20

MOM'S SOUP BOWL:

- Garden Vegetable 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Carved Turkey Breast 5.20

CHEF'S MARKET:

- Fried Catfish 6.25

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

SIDES:

- Roasted Vegetables 1.45
- Mac & Cheese 1.50

DAILY SPECIAL:

- Reuben, Homemade Chips & 20oz. Fountain Drink 6.25



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often