

## Monday, October 2

### MOM'S SOUP BOWL:

- Beef Vegetable 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- California Avocado Chicken 5.20
- With 1 Side 6.25

### CHEF'S MARKET:

- Beef Chimichanga 5.20

### GRILL:

- Veggie Burger with Pesto Aioli 6.25

### SIDES:

- Fiesta Rice 1.50
- Fresh Veggies 1.45

### DAILY SPECIAL:

- Syberg's Chicken Tender Sandwich, Homemade Chips, & 20 oz. Fountain Drink 6.25

## Tuesday, October 3

### MOM'S SOUP BOWL:

- French Onion 3.00
- Texas Chili 3.40

### MADE TO ORDER:

- Harvest Cobb Salad with Poppyseed Dressing 6.30

### CHEF'S MARKET:

- Country Fried Steak 5.20

### GRILL:

- Turkey Melt on Pretzel Bun 5.25

### SIDES:

- Mashed Potatoes 1.50
- Roasted Mixed Vegetables 1.45

### DAILY SPECIAL:

- Turkey Reuben & 20oz Fountain Drink 6.00

## Wednesday, October 4

### MOM'S SOUP BOWL:

- Chicken Rice Soup 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Braised Chicken over Kale & Butternut Squash 6.25

### CHEF'S MARKET:

- Mexican Tamales with Chili & Cheese 6.25

### SIDES:

- Oven Roasted Potatoes 1.50
- Mixed Vegetables 1.45

### DAILY SPECIAL:

- BBQ Grilled Burger, Homemade Chips, and 20oz. Fountain Drink 6.75

## Thursday, October 5

### MOM'S SOUP BOWL:

- Italian Wedding 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Grilled BBQ Spiced Shrimp with One Side 5.95

### CHEF'S MARKET:

- Smoked Hand Carved Beef Brisket with 2 Sides 7.95

### SIDES:

- Grilled Corn on the Cob 1.45
- Coleslaw 1.45
- Baked Beans 1.50

### DAILY SPECIAL:

- Crispy Fish Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.75

## Friday, October 6

### MOM'S SOUP BOWL:

- Chicken Noodle 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Cajun Baked Fish over Rice 5.20

### CHEF'S MARKET:

- Chicken Provel with Mushrooms 5.20

### DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

### SIDES:

- Roasted Vegetables 1.45
- Rice 1.50

### DAILY SPECIAL:

- Turkey Burger, Homemade Chips & 20oz. Fountain Drink 6.00



### SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

**GREEN** Choose MORE often

**YELLOW** Choose in MODERATION

**RED** Choose LESS often