

Monday, October 9

MOM'S SOUP BOWL:

- Tomato 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Sicilian Pork Loin over Wild Rice Pilaf 6.25

CHEF'S MARKET:

- Roasted Vegetable Pasta Primavera w/ Breadstick 5.75

GRILL:

- BBQ Cheddar Burger with Crispy Onions 5.25

SIDES:

- Wild Rice Pilaf 1.50
- Fresh Veggies 1.45

DAILY SPECIAL:

- Grilled Cheese, Homemade Chips, & 20 oz. Fountain Drink 5.75

Tuesday, October 10

MOM'S SOUP BOWL:

- Ham & Bean 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Carved Roasted Turkey Breast 5.20

CHEF'S MARKET:

- Pesto Caprese Chicken 5.20

GRILL:

- Chili Cheeseburger 5.25

SIDES:

- Mashed Sweet Potatoes 1.50
- Braised Kale 1.45

DAILY SPECIAL:

- Chili Cheeseburger, Homemade Chips & 20oz Fountain Drink 6.95

Wednesday, October 11

MOM'S SOUP BOWL:

- Cream of Broccoli 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Braised Chicken over Kale & Butternut Squash 6.25

CHEF'S MARKET:

- Mexican Tamales with Chili & Cheese 6.25

SIDES:

- Oven Roasted Potatoes 1.50
- Mixed Vegetables 1.45

DAILY SPECIAL:

- Turkey Burger, Homemade Chips, and 20oz. Fountain Drink 6.00

Thursday, October 12

MOM'S SOUP BOWL:

- Avgolemono Greek Soup 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Butternut Squash Spinach Salad with Cider Vinaigrette and Grilled Chicken 6.30

HEALTHY HABITS:

- Tilapia Piccata 5.20

SIDES:

- Vegetable Medley 1.45
- Mashed Potatoes 1.45

DAILY SPECIAL:

- Burger, Homemade Chips, and 20oz. Fountain Drink 6.00

Friday, October 13

MOM'S SOUP BOWL:

- Cheddar Baked Potato 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Cilantro Lime Grilled Chicken over Corn & Red Peppers 5.20

CHEF'S MARKET:

- BBQ Ribs or Rib Tips 5.75

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

SIDES:

- Grilled Corn on the Cob 1.45
- Coleslaw 1.45
- Mac & Cheese 1.50

DAILY SPECIAL:

- Ham & Cheddar Melt, Homemade Chips & 20oz. Fountain Drink 6.95



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often