

weekly menu

Monday, October 2

MOM'S SOUP BOWL:

- Chicken Noodle 3.10
- Texas Chili 3.50

MADE TO ORDER:

- Syberg's Buffalo Crispy Chicken Salad with Ranch 6.29

HEALTHY HABITS:

- Carved Turkey Breast w/ 2 sides 4.99 / 6.99

GRILL:

- Pork Fritter Sandwich 4.59

SIDES:

- Mashed Potatoes 1.50
- Corn 1.40
- Mixed Veggies 1.40

DAILY SPECIAL:

- Pork Fritter, French Fries, & 20 oz. Fountain Drink 6.79

Tuesday, October 3

MOM'S SOUP BOWL:

- Minestrone 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Stuffed Butternut Squash w/ 1 side 4.99 / 5.99

CHEF'S MARKET:

- Lasagna with Breadstick w/ 1 side 4.79 / 6.79

GRILL:

- Chipotle Chicken Sandwich w/ Pepper Jack Cheese 4.69

SIDES:

- Garden Salad 1.60
- Mixed Veggies 1.40
- Green Beans 1.40

DAILY SPECIAL:

- Chipotle Chicken, Homemade Chips & 20oz Fountain Drink 6.79

Wednesday, October 4

MOM'S SOUP BOWL:

- Chicken & Wild Rice 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Baked Lemon Pepper Tilapia w/ 2 sides 4.79 / 6.99

CHEF'S MARKET:

- Parmesan Crusted Chicken over Creamy Pasta w/ 1 side 5.79 / 6.79

GRILL:

- Bacon Cheeseburger 4.69

SIDES:

- Alfredo Pasta 1.50
- Peas 1.40
- Steamed Broccoli 1.40

DAILY SPECIAL:

- Bacon Cheeseburger, Homemade Chips, and 20oz. Fountain Drink 6.79

Thursday, October 5

MOM'S SOUP BOWL:

- Beef Vegetable 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Pasta with Vegetables & Shrimp in a Light Olive Oil Sauce 6.29

CHEF'S MARKET:

- Fried Chicken w/ 2 sides 4.79 / 6.99

GRILL:

- Buffalo Meatball Sub 4.59

SIDES:

- Corn 1.40
- Mixed Veggies 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Buffalo Meatball Sub, Fries, 20oz. Fountain Drink 6.49

Friday, October 6

MOM'S SOUP BOWL:

- Loaded Potato 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Baked Marinated Chicken w/ 2 Sides 4.79 / 6.99

CHEF'S MARKET:

- Fried Fish w/ 2 Sides 4.99 / 6.99

SIDES:

- Au Gratin Potatoes 1.50
- Mixed Veggies 1.40
- Baked Beans 1.40

DAILY SPECIAL:

- 5 Sweet & Spicy Wings, French Fries, & 20oz. Fountain Drink 6.99



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often