

# weekly menu

### **Monday, October 23**

MOM'S SOUP BOWL:	
<ul><li>Chicken Noodle</li></ul>	3.10
<ul><li>Texas Chili</li></ul>	3.50
CHEF'S MARKET:	
<ul> <li>Baked Mostaccioli &amp;</li> </ul>	
Breadstick	5.49
w/ 1 side	6.49
HEALTHY HABITS:	
<ul> <li>Veggie Lasagna</li> </ul>	4.79
w/ 1 side	5.99
GRILL:	
<ul><li>Livers &amp; Gizzards</li></ul>	4.29
SIDES:	
<ul><li>Garden Salad</li></ul>	1.50
<ul><li>Green Beans</li></ul>	1.40
Mixed Veggies  DAILY SPECIAL:	1.40
<ul> <li>Livers &amp; Gizzards, French F</li> </ul>	ries,

### **Tuesday, October 24**

MOM'S SOUP BOWL:	
<ul><li>Vegetable</li></ul>	3.10
<ul><li>Texas Chili</li></ul>	3.50
CHEF'S MARKET:	
<ul> <li>General Tso's CHicken</li> </ul>	
over Rice	5.99
w/ 1 side	6.99
CHEF'S MARKET:	
<ul><li>Pork &amp; Veggie Lo Mein</li></ul>	5.99
w/ 1 side	6.99
GRILL:	
<ul> <li>Sweet &amp; Spicy Meatball Sub</li> </ul>	4.59
SIDES:	
<ul> <li>Crab Rangoon</li> </ul>	1.50
<ul><li>Asian Veggies</li></ul>	1.40
• Egg Roll	1.50
DAILY SPECIAL:	
<ul> <li>Sweet &amp; Spicy Meatball Substitution</li> </ul>	ο,
Fries & 20oz Fountain Drink	6.49

### Wednesday, October 25

MOM'S SOUP BOWL:	
<ul><li>Corn Chowder</li></ul>	3.10
<ul><li>Texas Chili</li></ul>	3.50
HEALTHY HABITS:	
<ul><li>Salsa Chicken</li></ul>	4.59
w/ 2 sides	6.79
CHEF'S MARKET:	
<ul> <li>Loaded Beef Nachos</li> </ul>	6.79
GRILL:	
<ul> <li>California Chicken Pita with</li> </ul>	1
Onions, Mushrooms, & Pepper	s 4.79
SIDES:	
<ul> <li>Refried Beans</li> </ul>	1.50
<ul><li>Mixed Veggies</li></ul>	1.40
<ul> <li>Mexican Rice</li> </ul>	1.40
DAILY SPECIAL:	
<ul> <li>California Chicken Pita,</li> </ul>	
Homemade Chips , and 20oz.	
Fountain Drink	6.79

## Thursday, October 26

& 20 oz. Fountain Drink

MOM'S SOUP BOWL:	
<ul> <li>Beefy Vegetable</li> </ul>	3.10
<ul><li>Texas Chili</li></ul>	3.50
HEALTHY HABITS:	
<ul> <li>Roast Pork Loin with</li> </ul>	
Caramelized Onions	4.79
w/ 2 sides	6.99
CHEF'S MARKET:	
<ul><li>Fried Chicken</li></ul>	4.79
w/ 2 sides	6.99
GRILL:	
<ul> <li>Grilled Reuben on Rye</li> </ul>	4.79
SIDES:	
<ul><li>Corn</li></ul>	1.40
<ul><li>Mixed Veggies</li></ul>	1.40
<ul> <li>Mashed Potatoes</li> </ul>	1.50

• Grilled Reuben, Fries, 20oz. Fountain Drink 6.79

DAILY SPECIAL:

## Friday, October 27

MOM'S SOUP BOWL:	
<ul> <li>Cream of Broccoli</li> </ul>	3.10
<ul><li>Texas Chili</li></ul>	3.50
HEALTHY HABITS:	
<ul> <li>Marinated Baked Chicken</li> </ul>	4.99
w/ 2 Sides	6.99
CHEF'S MARKET:	
<ul><li>Fried Fish</li></ul>	4.99
w/ 2 Sides	6.99
SIDES:	
<ul> <li>Au Gratin Potatoes</li> </ul>	1.50
<ul><li>Mixed Veggies</li></ul>	1.40
<ul><li>Baked Beans</li></ul>	1.50
DAILY SPECIAL:	
<ul> <li>Spicy Chicken Sandwich, Fr</li> </ul>	ries,
& 20oz. Fountain Drink	6.49



#### **SERVED DAILY:**

Grilled Chicken Breast Turkey Burger Veggie Burger Vegetable Plate (3 choices)

GREEN	Choose MORE often
YELLOW	Choose in MODERATION
RED	Choose LESS often