

# weekly menu

## Monday, Sept. 18

**MOM'S SOUP BOWL:**

- Chicken Noodle 3.10 ●
- Texas Chili 3.50 ●

**HEALTHY HABITS:**

- Vegetable Lasagna 4.79 ●
- w/ 1 side 5.79

**CHEF'S MARKET:**

- Chicken & Dumplings 5.29 ●

**GRILL:**

- Grilled Brat on Bun 1.59 ●

**SIDES:**

- Mashed Potatoes 1.50 ●
- Peas 1.40 ●
- Mixed Veggies 1.40 ●

**DAILY SPECIAL:**

- Hot Dog, French Fries, & 20 oz. Fountain Drink 4.50 ●

## Tuesday, Sept. 19

**MOM'S SOUP BOWL:**

- Beefy Potato 3.10 ●
- Texas Chili 3.50 ●

**MADE TO ORDER:**

- Grilled Chicken Caesar Salad 6.29 ●

**CHEF'S MARKET:**

- Red Beans & Spicy Sausage over Rice 6.49 ●

**SIDES:**

- Corn Bread 1.30 ●
- Green Beans 1.40 ●
- Steamed Broccoli 1.40 ●

**DAILY SPECIAL:**

- Shrimp Po Boy, Homemade Chips, & 20oz Fountain Drink 6.49 ●

## Wednesday, Sept. 20

**MOM'S SOUP BOWL:**

- Vegetable 3.10 ●
- Texas Chili 3.50 ●

**HEALTHY HABITS:**

- Smoked Pulled Chicken 4.79 ●
- w/ 2 sides 6.79

**CHEF'S MARKET:**

- BBQ Smoked Pulled Pork 4.79 ●
- w/ 2 sides 6.79

**GRILL:**

- Grilled Turkey & Cheese Sandwich 4.69 ●

**SIDES:**

- Mac & Cheese 1.50 ●
- Baked Beans 1.40 ●
- Mixed Veggies 1.40 ●

**DAILY SPECIAL:**

- Grilled Turkey & Cheese, Homemade Chips, and 20oz. Fountain Drink 6.49 ●

## Thursday

**MOM'S SOUP BOWL:**

- Chicken Tortilla 3.10 ●
- Texas Chili 3.50 ●

**HEALTHY HABITS:**

- Baked Marinated Chicken 4.79 ●
- w/ 2 sides 6.99

**CHEF'S MARKET:**

- Fried Chicken 4.79 ●
- w/ 2 sides 6.99

**GRILL:**

- Grilled Patty Melt on Rye 4.59 ●

**SIDES:**

- Corn 1.40 ●
- Steamed Veggies 1.40 ●
- Mashed Potatoes 1.50 ●

**DAILY SPECIAL:**

- Grilled Patty Melt, 1 Side, 20oz. Fountain Drink 6.39 ●

## Friday

**MOM'S SOUP BOWL:**

- Tomato Basil 3.10 ●
- Texas Chili 3.50 ●

**HEALTHY HABITS:**

- Salsa Chicken 4.69 ●
- w/ 2 Sides 6.39

**CHEF'S MARKET:**

- Tamales with Chili 5.59 ●
- w/ 1 Side 6.59

**SIDES:**

- Refried Beans 1.29 ●
- Mixed Veggies 1.29 ●
- Mexican Rice 1.29 ●

**DAILY SPECIAL:**

- Grilled Cheese, Small Tomato Soup, and 20oz. Fountain Drink 5.50 ●



**SERVED DAILY:**

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ● (3 choices)

**GREEN** Choose **MORE** often

**YELLOW** Choose in **MODERATION**

**RED** Choose **LESS** often