

# weekly menu

## Monday, December 18

### MOM'S SOUP BOWL:

- Chicken & Wild Rice 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Bruschetta Chicken 5.20

### CHEF'S MARKET:

- Meatloaf 5.20

### SIDES:

- Mashed Potatoes 1.50
- Fresh Veggies 1.45

### DAILY SPECIAL:

- Buffalo Turkey Meatball Sub, Homemade Chips, & 20 oz. Fountain Drink 6.75

## Tuesday, December 19

### MOM'S SOUP BOWL:

- Vegetable Noodle 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Spiced Chicken Cutlets Topped with Fajita Veggies 6.25

### CHEF'S MARKET:

- Loaded Baked Potato 5.20

### SIDES:

- Southwest Rice 1.50
- Fresh Vegetables 1.45

### DAILY SPECIAL:

- Hawaiian Chicken Sandwich & 20oz Fountain Drink 6.25

## Wednesday, December 20

**LIMITED SERVICE GRILL, SALAD BAR AND GRAB & GO SANDWICHES**

## Thursday, December 21

**LIMITED SERVICE GRILL, SALAD BAR AND GRAB & GO SANDWICHES**

## Friday, December 22

**CAFE CLOSED**



### SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger

Check out our deli for deli meats roasted in house!

**GREEN** Choose MORE often

**YELLOW** Choose in MODERATION

**RED** Choose LESS often