

## Monday, January 15

### MOM'S SOUP BOWL:

- Tomato 3.00
- Texas Chili 3.40

### MADE TO ORDER:

- Grilled Chicken Caesar Salad 6.30

### HEALTHY HABITS:

- Lemon Parmesan Herbed Tilapia 5.20

### GRILL:

- Avocado Grilled Vegetable Turkey Burger 5.25

### SIDES:

- Mashed Potatoes 1.50
- Roasted Vegetables 1.45

### DAILY SPECIAL:

- Grilled Cheese & Cup of Tomato Soup 5.75

## Tuesday, January 16

### MOM'S SOUP BOWL:

- Clam Chowder 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Asian Pork Loin 5.20

### CHEF'S MARKET:

- Chicken Alfredo w/ Breadstick 5.50

### GRILL:

- Chicken Philly 5.50

### SIDES:

- Rice 1.50
- Roasted Vegetables 1.45

### DAILY SPECIAL:

- Hot Dog, Fries & 20oz Fountain Drink 6.25

## Wednesday, January 17

### MOM'S SOUP BOWL:

- Beef & Barley 3.00
- Texas Chili 3.40

### MADE TO ORDER:

- Beef Burrito 6.30

### CHEF'S MARKET:

- Baked Chicken Parmesan 5.20

### GRILL:

- Crispy Chicken Club Melt 5.95

### SIDES:

- Buttered Noodles 1.50
- Brussel Sprouts 1.45

### DAILY SPECIAL:

- Ham & Swiss Melt, Homemade Chips, and 20oz. Fountain Drink 5.95

## Thursday, January 18

### MOM'S SOUP BOWL:

- Cream of Mushroom 3.00
- Texas Chili 3.40

### MADE TO ORDER:

- Turkey Autumn Salad 6.30

### CHEF'S MARKET:

- Breaded Pork Chop 5.20

### GRILL:

- Bacon, Andouille, and Chicken Hoagie 5.95

### SIDES:

- Potato Croquettes 1.50
- Broccoli 1.45

### DAILY SPECIAL:

- Chicken Tender Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.25

## Friday, January 19

### MOM'S SOUP BOWL:

- Vegetable 3.00
- Texas Chili 3.40

### HEALTHY HABITS:

- Blackened Salmon over Mixed Vegetables 6.25

### CHEF'S MARKET:

- Country Fried Steak 5.20

### DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

### SIDES:

- Mixed Vegetables 1.45
- Roasted Italian Potatoes 1.50

### DAILY SPECIAL:

- Build Your Own Pizza & 20oz. Fountain Drink 6.50



### SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

**GREEN** Choose MORE often

**YELLOW** Choose in MODERATION

**RED** Choose LESS often