

weekly menu

Monday, January 29

MOM'S SOUP BOWL:

- Chicken & Wild Rice 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Bruschetta Chicken 5.20

CHEF'S MARKET:

- Meatloaf 5.20

SIDES:

- Mashed Potatoes 1.50
- Fresh Veggies 1.45

DAILY SPECIAL:

- Buffalo Turkey Meatball Sub, Homemade Chips, & 20 oz. Fountain Drink 6.75

Tuesday, January 30

MOM'S SOUP BOWL:

- Vegetable Noodle 3.00
- Texas Chili 3.40

CHEF'S MARKET:

- Lasagna 5.20

CHEF'S MARKET:

- Loaded Baked Potato 5.20

SIDES:

- Peas & Mushrooms 1.45
- Fresh Vegetables 1.45

DAILY SPECIAL:

- Hawaiian Chicken Sandwich & 20oz Fountain Drink 6.25

Wednesday, January 31

MOM'S SOUP BOWL:

- Gumbo 3.00
- Texas Chili 3.40

CHEF'S MARKET:

- Sautéed Chicken Breast with Creamy Mushrooms and Peas 5.20

HEALTHY HABITS:

- Teriyaki Pineapple Pork Chop 5.20

GRILL:

- Catfish Nugget Platter with Fries 6.25

SIDES:

- Fried Rice 1.50
- Fresh Veggies 1.45

DAILY SPECIAL:

- Grilled Burger, Homemade Chips, and 20oz. Fountain Drink 6.25

Thursday, February 1

MOM'S SOUP BOWL:

- Chicken Tortilla 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Asian Chicken Salad 6.30

CHEF'S MARKET:

- Chicken Broccoli Divan 5.20

SIDES:

- Baked Sweet Potato Wedges 1.50
- Fresh Vegetables 1.45

DAILY SPECIAL:

- Coney Island Chili Dog, Homemade Chips, and 20oz. Fountain Drink 6.50

Friday, February 2

MOM'S SOUP BOWL:

- Garden Vegetable 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Cod Piccata 5.20

CHEF'S MARKET:

- Pasta con Broccoli 5.20

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

SIDES:

- Green Beans 1.45
- Roasted Potatoes 1.50

DAILY SPECIAL:

- Beef & Cheddar Melt and 20oz. Fountain Drink 6.50



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger

Check out our deli for deli meats roasted in house!

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often