

weekly menu

Monday, January 1

CAFE CLOSED

Tuesday, January 2

MOM'S SOUP BOWL:

- Corn Chowder 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Honey Mustard Chicken 4.59
- w/ 2 sides 6.49

CHEF'S MARKET:

- Baked Meatloaf 4.79
- w/ 2 sides 6.99

GRILL:

- Pizza Burger 4.29

SIDES:

- Mashed Potatoes 1.50
- Roasted Veggies 1.40
- Corn 1.40

DAILY SPECIAL:

- Pizza Burger, Homemade Chips & 20oz Fountain Drink 6.49

Wednesday, January 3

MOM'S SOUP BOWL:

- Minestrone 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Grilled Chicken Taco Salad on a Bed of Lettuce 6.79

CHEF'S MARKET:

- Taco Salad 6.79

GRILL:

- Mushroom Swiss Burger 4.29

SIDES:

- Refried Beans 1.50
- Roasted Corn 1.40
- Mexican Rice 1.40

DAILY SPECIAL:

- Mushroom & Swiss Burger, French Fries, and 20oz. Fountain Drink 6.49

Thursday, January 4

MOM'S SOUP BOWL:

- Broccoli Cheddar 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Spinach & Feta Stuffed Tilapia 4.99
- w/ 2 sides 6.99

CHEF'S MARKET:

- Fried Chicken 4.79
- w/ 2 sides 6.99

GRILL:

- Greek Gyro 4.79

SIDES:

- Corn 1.40
- Mixed Veggies 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Greek Gyro, Fries, 20oz. Fountain Drink 6.79

Friday, January 5

MOM'S SOUP BOWL:

- Vegetable 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Chicken & Veggie Pasta in a Light Olive Oil Sauce 5.49
- w/ 1 Side 6.49

CHEF'S MARKET:

- Fried Fish 4.99
- w/ 2 Sides 6.99

SIDES:

- Coleslaw 1.40
- Mixed Veggies 1.40
- Mac & Cheese 1.50

DAILY SPECIAL:

- Toasted Ravioli, Homemade Chips, & 20oz. Fountain Drink 6.49



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often