

weekly menu

Monday, January 15

CAFE CLOSED

Tuesday, January 16

MOM'S SOUP BOWL:

- Vegetable 3.10
- Texas Chili 3.50

CHEF'S MARKET:

- General Tso's Chicken over Rice 5.99
- w/ 1 side 6.99

CHEF'S MARKET:

- Beef & Broccoli over Rice 5.99
- w/ 1 side 6.99

GRILL:

- Meatball Sub 4.59

SIDES:

- Crab Rangoon 1.50
- Asian Veggies 1.40
- Egg Roll 1.50

DAILY SPECIAL:

- Meatball Sub, Fries & 20oz Fountain Drink 6.49

Wednesday, January 17

MOM'S SOUP BOWL:

- Corn Chowder 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Smoked Pulled Chicken 4.99
- w/ 2 sides 6.99

CHEF'S MARKET:

- Smoked Pulled Pork 4.99
- w/ 2 sides 6.99

GRILL:

- California Chicken Wrap with Onions, Mushrooms, & Peppers 4.79

SIDES:

- Mac & Cheese 1.50
- Roasted Vegetables 1.40
- Baked Beans 1.40

DAILY SPECIAL:

- California Chicken Wrap, Homemade Chips, and 20oz. Fountain Drink 6.79

Thursday, January 18

MOM'S SOUP BOWL:

- Beefy Vegetable 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Stuffed Butternut Squash 4.99
- w/ 1 side 5.99

CHEF'S MARKET:

- Country Fried Steak 4.79
- w/ 2 sides 6.99

GRILL:

- Grilled Reuben on Rye 4.99

SIDES:

- Corn 1.40
- Mixed Veggies 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Grilled Reuben, Fries, 20oz. Fountain Drink 6.79

Friday, January 19

MOM'S SOUP BOWL:

- Tomato 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Salsa Chicken 4.79
- w/ 2 Sides 6.79

CHEF'S MARKET:

- Loaded Beef Nachos 6.79

GRILL:

- Grilled Cheese Sandwich, Small Tomato Soup & 20oz Fountain Drink 5.50

SIDES:

- Refried Beans 1.50
- Mixed Veggies 1.40
- Mexican Rice 1.50

DAILY SPECIAL:

- Cod Sandwich, Fries, & 20oz. Fountain Drink 6.49



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often