

weekly menu

Monday, January 29

MOM'S SOUP BOWL:

- Chicken Noodle 3.10/3.95
- Texas Chili 3.50/4.30

HEALTHY HABITS:

- Crust-less Vegetable Quiche 4.59
- w/ 1 side 5.59

CHEF'S MARKET:

- Red Beans and Spicy Sausage over Rice 5.49
- w/ 1 side 6.49

SIDES:

- Green Beans 1.40
- Corn Bread 1.30
- Roasted Veggies 1.40

DAILY SPECIAL:

- Spicy Chicken Sandwich, French Fries, & 20 oz. Fountain Drink 6.49

Tuesday, January 30

MOM'S SOUP BOWL:

- Minestrone 3.10/3.95
- Texas Chili 3.50/4.30

HEALTHY HABITS:

- Honey Mustard Chicken 4.59
- w/ 2 sides 6.79

CHEF'S MARKET:

- Turkey Stuffed Bell Peppers 5.29
- w/ 1 side 6.29

SIDES:

- Oven Roasted Potatoes 1.50
- Mixed Veggies 1.40
- Peas 1.40

DAILY SPECIAL:

- Sloppy Joe Wrap, French Fries, & 20oz Fountain Drink 6.49

Wednesday, January 31

MOM'S SOUP BOWL:

- Chicken & Rice 3.10/3.95
- Texas Chili 3.50/4.30

MADE TO ORDER:

- Texas Sized BBQ Pulled Pork or Pulled Chicken Stuffed Baked Potato 6.29
- w/ 1 side 6.99

GRILL:

- Crispy Buffalo Chicken Sandwich 4.99

SIDES:

- Steamed Broccoli 1.40
- Mixed Veggies 1.40

DAILY SPECIAL:

- Crispy Buffalo Chicken Wrap, Homemade Chips, & 20oz. Fountain Drink 6.79

Thursday, February 1

MOM'S SOUP BOWL:

- Vegetable Soup 3.10/3.95
- Texas Chili 3.50/4.30

HEALTHY HABITS:

- Apple Glazed Pork Loin 4.79
- w/ 2 sides 6.99

CHEF'S MARKET:

- Fried Chicken 4.79
- w/ 2 sides 6.99

GRILL:

- Philly Cheesesteak with Peppers & Onions 5.29

SIDES:

- Corn 1.40
- Steamed Veggies 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Philly Cheesesteak, Homemade Chips, 20oz. Fountain Drink 6.99

Friday, February 2

MOM'S SOUP BOWL:

- Chicken Tortilla 3.10/3.95
- Texas Chili 3.50/4.30

HEALTHY HABITS:

- Salsa Chicken Breast 4.79
- w/ 2 Sides 6.99

CHEF'S MARKET:

- Beef & Bean Chimichanga 5.99
- w/ 1 Side 6.99

SIDES:

- Mexican Rice 1.50
- Mixed Veggies 1.40
- Refried Beans 1.40

DAILY SPECIAL:

- Chicken Quesadilla, Fries, and 20oz. Fountain Drink 6.79



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose **MORE** often

YELLOW Choose in **MODERATION**

RED Choose **LESS** often