

weekly menu

Monday, February 12

MOM'S SOUP BOWL:

- Chicken Noodle 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Baked Chicken Parmesan 5.20

CHEF'S MARKET:

- Beef Brisket with 2 Sides 8.95

SIDES:

- Mashed Potatoes 1.50
- Mixed Vegetables 1.45

DAILY SPECIAL:

- Turkey Burger, Homemade Chips, and 20oz. Fountain Drink 6.00

Tuesday, February 13

MOM'S SOUP BOWL:

- Cheddar Baked Potato 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Sicilian Pork Loin over Wild Rice Pilaf 6.25

CHEF'S MARKET:

- Pesto Caprese Chicken 5.20

GRILL:

- Chili Cheeseburger 5.25

SIDES:

- Buttered Noodles 1.50
- Braised Kale 1.45

DAILY SPECIAL:

- Chili Cheeseburger, Homemade Chips & 20oz Fountain Drink 6.95

Wednesday, February 14

HAPPY VALENTINE'S DAY!

MOM'S SOUP BOWL:

- Cheddar Broccoli 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Chicken Tacos 6.30

HEART HEALTHY SPECIAL:

- Teriyaki Salmon over Cauliflower "Rice" 6.50

Pick up a free recipe of this entree!

SIDES:

- Rice & Beans 1.50
- Mixed Vegetables 1.45

DAILY SPECIAL:

- Grilled Chicken Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.50

Thursday, February 15

MOM'S SOUP BOWL:

- Tomato 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Butternut Squash Spinach Salad with Cider Vinaigrette and Grilled Chicken 6.30

CHEF'S MARKET:

- Chili Beans over Cheese Enchiladas 5.20

SIDES:

- Green Beans 1.45
- Taco Spiced Roasted Potatoes 1.50

DAILY SPECIAL:

- Grilled Cheese, Homemade Chips, & 20 oz. Fountain Drink 5.75

Friday, February 16

MOM'S SOUP BOWL:

- Chicken & Dumplings 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Cilantro Lime Grilled Chicken over Black Beans 5.20

CHEF'S MARKET:

- Fried Catfish with 1 Side 7.25

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

SIDES:

- Coleslaw 1.45
- Mac & Cheese 1.50

DAILY SPECIAL:

- Ham & Cheddar Melt, Homemade Chips & 20oz. Fountain Drink 6.95



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often