

Monday, February 5

MOM'S SOUP BOWL:

- Beef Vegetable 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- California Avocado Chicken 5.20
- With 1 Side 6.25

CHEF'S MARKET:

- Beef Chimichanga 5.20

GRILL:

- Veggie Burger with Pesto Aioli 6.25

SIDES:

- Fiesta Rice 1.50
- Fresh Veggies 1.45

DAILY SPECIAL:

- Syberg's Chicken Tender Sandwich, Homemade Chips, & 20 oz. Fountain Drink 6.25

Tuesday, February 6

MOM'S SOUP BOWL:

- French Onion 3.00
- Texas Chili 3.40

MADE TO ORDER:

- Winter Citrus Salad with Grilled Chicken 6.30

CHEF'S MARKET:

- Open Faced Roast Beef 5.20

GRILL:

- Turkey Melt on Pretzel Bun 5.25

SIDES:

- Mashed Potatoes 1.50
- Roasted Mixed Vegetables 1.45

DAILY SPECIAL:

- BBQ Grilled Burger, Homemade Chips, and 20oz. Fountain Drink 6.75

Wednesday, February 7

MOM'S SOUP BOWL:

- Chicken Rice Soup 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Braised Chicken over Kale & Butternut Squash 6.25

CHEF'S MARKET:

- Pork Tacos 6.25

SIDES:

- Rice 1.50
- Mixed Vegetables 1.45

DAILY SPECIAL:

- Monte Cristo Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.75

Thursday, February 8

MOM'S SOUP BOWL:

- Italian Wedding 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Oven Roasted Turkey Breast 5.20

CHEF'S MARKET:

- Orange Glazed Meatballs with Asian Veggies over Rice 6.25

SIDES:

- Roasted Vegetables 1.45
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Crispy Fish Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.75

Friday, February 9

MOM'S SOUP BOWL:

- Chicken Noodle 3.00
- Texas Chili 3.40

HEALTHY HABITS:

- Cajun Baked Fish over Rice 6.25

CHEF'S MARKET:

- Baked Crab Cakes 5.20

DELI SPECIAL:

- Build Your Own Two Topping Personal Pizza 5.95

SIDES:

- Roasted Vegetables 1.45
- Rice 1.50

DAILY SPECIAL:

- Turkey Burger, Homemade Chips & 20oz. Fountain Drink 6.00



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often