

weekly menu

Monday, February 26

MOM'S SOUP BOWL:

- Chicken Noodle 3.10
- Texas Chili 3.50

CHEF'S MARKET:

- Chicken and Dumplings 5.29
- with 1 side 6.49

HEALTHY HABITS:

- Veggie Lasagna 4.79
- w/ 1 side 5.99

GRILL:

- BBQ Rib Sandwich 4.29

SIDES:

- Garden Salad 1.50
- Peas & Mushrooms 1.40
- Mixed Veggies 1.40

DAILY SPECIAL:

- BBQ Rib Sandwich, Fries & 20 oz. Fountain Drink 6.49

Tuesday, February 27

MOM'S SOUP BOWL:

- Vegetable 3.10
- Texas Chili 3.50

CHEF'S MARKET:

- Loaded Beef Nachos 6.99

HEALTHY HABITS:

- Roasted Chicken in Salsa 4.99
- w/ 2 sides 6.79

GRILL:

- Bacon Cheeseburger 4.59

SIDES:

- Refried Beans 1.50
- Mexican Rice 1.40
- Steamed Veggies 1.50

DAILY SPECIAL:

- Bacon Cheeseburger, Homemade Chips, and 20oz. Fountain Drink 6.79

Wednesday, February 28

MOM'S SOUP BOWL:

- Corn Chowder 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Honey Mustard Grill Chicken 4.99
- w/ 2 sides 6.79

CHEF'S MARKET:

- Broiled Pork Chop 4.99
- w/ 2 sides 6.99

GRILL:

- California Chicken Wrap w/ Onions, Peppers & Mushrooms 4.79

SIDES:

- Oven Roast Sweet Potatoes 1.50
- Spinach 1.40
- Roasted Vegetables 1.40

DAILY SPECIAL:

- California Chicken Wrap, Homemade Chips, and 20oz. Fountain Drink 6.79

Thursday, March 1

MOM'S SOUP BOWL:

- Beefy Vegetable 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Roasted Marinated Chicken 4.79
- w/ 2 sides 6.99

CHEF'S MARKET:

- Fried Chicken 4.79
- w/ 2 sides 6.99

GRILL:

- Italian Beef Sandwich 5.29

SIDES:

- Corn 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Italian Beef Sandwich, Fries, 20oz. Fountain Drink 6.79

Friday, March

MOM'S SOUP BOWL:

- Cream of Tomato 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Cilantro Lime Roasted Fish w/ Black Bean & Corn Salsa 4.99
- w/ 2 Sides 6.99

CHEF'S MARKET:

- Fried Fish 4.99
- w/ 2 sides 6.99

SIDES:

- Au Gratin Potatoes 1.50
- Cole Slaw 1.40
- Mix Vegetables 1.50

DAILY SPECIAL:

- Grilled Cheese Sandwich, Small Tomato Soup & 20oz. Fountain Drink 6.49



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often