

weekly menu

Monday, February 5

MOM'S SOUP BOWL:

- Chicken Noodle 3.10
- Texas Chili 3.50

CHEF'S MARKET:

- Lasagna with Breadstick 5.49
- w/ 1 side 6.49

HEALTHY HABITS:

- Veggie Lasagna 5.29
- w/ 1 side 6.29

GRILL:

- Buffalo Meatball Sub 4.59

SIDES:

- Carrots 1.50
- Garden Salad 1.50
- Mixed Veggies 1.40

DAILY SPECIAL:

- Buffalo Meatball Sub, French Fries, & 20 oz. Fountain Drink 6.49

Tuesday, February 6

MOM'S SOUP BOWL:

- Red Bean, Rice, Sausage 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Veggie Portobello Pasta 5.29
- w/ 1 side 6.49

CHEF'S MARKET:

- Parmesan Crusted Chicken over Creamy Pasta 5.99
- w/ 1 side 6.99

GRILL:

- Chipotle Chicken Sandwich w/ Pepper Jack Cheese 4.79

SIDES:

- Alfredo Pasta 1.50
- Steamed Broccoli 1.40
- Green Beans 1.40

DAILY SPECIAL:

- Chipotle Chicken, Homemade Chips & 20oz Fountain Drink 6.79

Wednesday, February 7

MOM'S SOUP BOWL:

- Broccoli Cheddar 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Baked Marinated Chicken Breast 4.99
- w/ 2 sides 6.99

CHEF'S MARKET:

- BBQ Pork Steak 4.99
- w/ 2 sides 6.99

GRILL:

- Bacon Cheeseburger 4.79

SIDES:

- Baked Beans 1.40
- Mac & Cheese 1.50
- Mixed Veggies 1.40

DAILY SPECIAL:

- Bacon Cheeseburger, Homemade Chips, and 20oz. Fountain Drink 6.79

Thursday, February 8

MOM'S SOUP BOWL:

- Beef Vegetable 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Glazed Ham 4.99
- w/ 2 sides 6.99

CHEF'S MARKET:

- Fried Chicken 4.99
- w/ 2 sides 6.99

SIDES:

- Mixed Vegetables 1.40
- Corn 1.40
- Mashed Potatoes 1.50

DAILY SPECIAL:

- Turkey & Cheese Melt, Homemade Chips, and 20oz. Fountain Drink 6.79

Friday, February 9

MOM'S SOUP BOWL:

- Corn Chowder 3.10
- Texas Chili 3.50

HEALTHY HABITS:

- Cashew Chicken over Rice 5.99
- w/ 1 Side 6.99

CHEF'S MARKET:

- Orange Glazed Meatballs over Rice 5.99
- w/ 1 Side 6.99

SIDES:

- Crab Rangoon 1.50
- Egg Roll 1.50
- Asian Veggies 1.40

DAILY SPECIAL:

- Toasted Ravioli, French Fries, & 20oz. Fountain Drink 6.49



SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often