Food service and catering by:



weekly menu

Monday, March 19

MOM'S SOUP BOWL:

HEALTHY HABITS:	
Texas Chili	3.40
 Beef Vegetable 	3.00

California Avocado Chicken5.20 With 1 Side 6.25

CHEF'S MARKET:

 Loaded Baked Potato Bar 5.20

GRILL:

 Veggie Burger with Pesto Aioli 6.25

SIDES:

 Fiesta Rice 1.50

Fresh Veggies 1.45

DAILY SPECIAL:

Syberg's Chicken Tender Sandwich, Homemade Chips,

& 20 oz. Fountain Drink 6.25

Tuesday, March 20

MOM'S SOUP BOWL:

French Onion 3.00 3.40 Texas Chili **HEALTHY HABITS:**

Oven Roasted

Turkey Breast 6.30 **CHEF'S MARKET:**

Fried Chicken

SIDES: 1.50 Mashed Potatoes

Roasted Mixed Vegetables **DAILY SPECIAL:**

 BBQ Grilled Burger, Homemade Chips, and

20oz. Fountain Drink 6.75

Wednesday, March 21

MOM'S SOUP BOWL:

3.00 Chicken Rice Soup Texas Chili 3.40

HEALTHY HABITS:

 Braised Chicken over Kale & Butternut Squash 6.25

CHEF'S MARKET:

 Greek Gyro 6.30

SIDES:

5.20

1.45

 Wild Rice 1.50 Mixed Vegetables 1.45

DAILY SPECIAL:

 Monte Cristo Sandwich, Homemade Chips, and

20oz. Fountain Drink

6.75

Thursday, March 22

MOM'S SOUP BOWL:

3.00 Italian Wedding Texas Chili 3.40 MADE TO ORDER: Build Your Own Burrito 5.20 **CHEF'S MARKET:**

6.25 Pork Tacos SIDES:

 Roasted Vegetables 1.45 Spanish Rice 1.50

DAILY SPECIAL: Grilled Turkey on Pretzel Buns Sandwich, Homemade Chips, and 20oz. Fountain Drink 6.75

Friday, March 23

MOM'S SOUP BOWL:

 Chicken Noodle 3.00 Texas Chili 3.40

HEALTHY HABITS:

 Cajun Baked Fish over Rice 6.25 **CHEF'S MARKET:**

Baked Crab Cakes 5.20

DELI SPECIAL:

Build Your Own Two Topping Personal Pizza 5.95 SIDES:

 Roasted Vegetables 1.45 Rice 1.50

DAILY SPECIAL:

 Turkey Burger, Homemade Chips & 20oz. Fountain Drink 6.00



SERVED DAILY:

Grilled Chicken Breast

Turkey Burger

Veggie Burger

Vegetable Plate (3 choices)

GREEN

Choose MORE often

YELLOW

Choose in MODERATION

RED

Choose LESS often