

# weekly menu

## Monday, March 19

### MOM'S SOUP BOWL:

- Chicken Noodle 3.10
- Texas Chili 3.50

### CHEF'S MARKET:

- Mostaccoli with Breadstick 5.49
- w/ 1 side 6.49

### HEALTHY HABITS:

- Ground Turkey
- Stuffed Peppers 5.49
- w/ 1 side 6.49

### GRILL:

- Meatball Sub 4.59

### SIDES:

- Carrots 1.50
- Garden Salad 1.50
- Mixed Veggies 1.40

### DAILY SPECIAL:

- Meatball Sub, French Fries, & 20 oz. Fountain Drink 6.49

## Tuesday, March 20

### MOM'S SOUP BOWL:

- Minestrone 3.10
- Texas Chili 3.50

### HEALTHY HABITS:

- Veggie Portobello Pasta 5.29
- w/ 1 side 6.49

### CHEF'S MARKET:

- Parmesan Crusted Chicken over Creamy Pasta 5.99
- w/ 1 side 6.99

### GRILL:

- Chipotle Chicken Sandwich w/ Pepper Jack Cheese 4.79

### SIDES:

- Alfredo Pasta 1.50
- Steamed Broccoli 1.40
- Green Beans 1.40

### DAILY SPECIAL:

- Chipotle Chicken, Homemade Chips & 20oz Fountain Drink 6.79

## Wednesday, March 21

### MOM'S SOUP BOWL:

- Broccoli Cheddar 3.10
- Texas Chili 3.50

### HEALTHY HABITS:

- Baked Marinated Chicken Leg Quarter 4.79
- w/ 2 sides 6.99

### CHEF'S MARKET:

- BBQ Pork Steak 4.99
- w/ 2 sides 6.99

### GRILL:

- Bacon Cheeseburger 4.79

### SIDES:

- Baked Beans 1.40
- Potato Casserole 1.50
- Mixed Veggies 1.40

### DAILY SPECIAL:

- Bacon Cheeseburger, Homemade Chips, and 20oz. Fountain Drink 6.79

## Thursday, March 22

### MOM'S SOUP BOWL:

- Beef Vegetable 3.10
- Texas Chili 3.50

### HEALTHY HABITS:

- Teriyaki Glazed Pork Loin 4.99
- w/ 2 sides 6.99

### CHEF'S MARKET:

- Fried Chicken 4.99
- w/ 2 sides 6.99

### SIDES:

- Mixed Vegetables 1.40
- Corn 1.40
- Mashed Potatoes 1.50
- Fried Cabbage 1.40

### DAILY SPECIAL:

- Turkey & Cheese Melt, Homemade Chips, and 20oz. Fountain Drink 6.79

## Friday, March 23

### MOM'S SOUP BOWL:

- Clam Chowder 3.10
- Texas Chili 3.50

### HEALTHY HABITS:

- Cajun Baked Fish w/ Corn Relish 5.99
- w/ 1 Side 6.99

### CHEF'S MARKET:

- Fried Fish 4.99
- w/ 1 Side 6.99

### SIDES:

- Potato Salad 1.50
- Cole Slaw 1.50
- Mixed Vegetables 1.40

### DAILY SPECIAL:

- Toasted Ravioli, French Fries, & 20oz. Fountain Drink 6.49



### SERVED DAILY:

- Grilled Chicken Breast
- Turkey Burger
- Veggie Burger
- Vegetable Plate (3 choices)

**GREEN** Choose MORE often

**YELLOW** Choose in MODERATION

**RED** Choose LESS often