

weekly menu

June 18-June 22

Monday

MOM'S SOUP BOWL:

Chicken Rice 3.00 ●

HEALTHY HABITS

Baked Chicken Parmesan 5.20 ●
with Buttered Noodles 6.25

CHEF'S MARKET:

Summer Berry Salad With Spinach, Feta & Poppseed Dressing 6.30 ●

GRILL:

Southwest Turkey Burger with Guacamole 5.25 ●

SIDES:

Buttered Noodles 1.50 ●
Mixed Vegetables 1.45 ●

DAILY SPECIAL:

Southwest Turkey Burger with Guacamole, French Fries, 20 oz Fountain Drink 6.75 ●

Tuesday

MOM'S SOUP BOWL:

Texas Chili 3.40 ●

HEALTHY HABITS:

Sicilian Pork Loin over Rice Pilaf 6.25 ●

CHEF'S MARKET:

Caprese Chicken with Pesto 5.20 ●

GRILL:

Chili Cheeseburger 5.25 ●

SIDES:

Rice Pilaf 1.50 ●
Carrots 1.45 ●

DAILY SPECIAL:

Chili Cheeseburger, Homemade Chips, & 20 oz Fountain Drink 6.95 ●

Wednesday

MOM'S SOUP BOWL:

Broccoli Cheddar 3.00 ●

CHEF'S MARKET:

Manicotti 5.20 ●

HEALTHY HABIT:

Teriyaki Salmon over Cauliflower Rice 6.75 ●

GRILL:

Grilled Chicken Sandwich 4.95 ●

SIDES:

Roasted Sweet Potatoes 1.50 ●
Green Beans 1.45 ●

DAILY SPECIAL:

Grilled Chicken Sandwich, Homemade Chips, & 20oz Fountain Drink 6.50 ●

Thursday

CAFE CLOSED FOR LUNCH SERVICE

Friday

MOM'S SOUP BOWL:

Garden Vegetable 3.00 ●

HEALTHY HABITS:

Pasta Primavera 5.20 ●

CHEF'S MARKET:

Chicken &Vegetable Kabob 6.25 ●

DELI SPECIAL:

Build Your Own Two Topping Personal Pizza 5.95 ●

SIDES:

Roasted Mixed Vegetables 1.45 ●
Rice Pilaf 1.50 ●

DAILY SPECIAL:

Shrimp Po Boy, Homemade Chips, & 20 oz. Fountain Drink 6.25 ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ● (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often