

# weekly menu

June 4-June 8

## Monday

**MOM'S SOUP BOWL:**

Chicken Noodle

3.10/3.95 ●

Texas Chili

3.50/4.30 ●

**HEALTHY HABITS:**

Crustless Vegetable

Quiche 4.59 ●

with One Side Item 5.59

**CHEF'S MARKET:**

Ground Turkey

Stuffed Bell Peppers 5.49 ●

with One Side 6.49

**SIDES:**

Green Beans 1.40 ●

Mixed Vegetables 1.30 ●

Fruit Salad 1.50 ●

**DAILY SPECIAL:**

Spicy Chicken Sandwich,  
French Fries,

## Tuesday

**MOM'S SOUP BOWL:**

Chicken Tortellini

3.10/3.95 ●

Texas Chili

3.50/4.30 ●

**HEALTHY HABITS:**

Honey Mustard Chicken 4.59 ●

with Two Sides 6.79

**CHEF'S MARKET:**

Summer Salad

with Grilled Chicken

& Fresh Fruit 6.29 ●

**SIDES:**

Oven Roasted Potatoes 1.50 ●

Peas 1.40 ●

Mixed Vegetables 1.45 ●

**DAILY SPECIAL:**

Fried Shrimp,  
French Fries,  
& 20 oz Fountain Drink 6.79 ●

## Wednesday

**MOM'S SOUP BOWL:**

Chicken & Dumpling

3.10/3.95 ●

Texas Chili

3.50/4.30 ●

**CHEF'S MARKET:**

Loaded Beef Nachos 6.99 ●

**HEALTHY HABITS:**

Salsa Chicken Breast 4.79 ●

with Two Sides 6.79

**GRILL:**

California Chicken Pita

with Pepper, Onions

& Mushrooms 4.79 ●

**SIDES:**

Spanish Rice 1.50 ●

Refried Beans 1.40 ●

**DAILY SPECIAL:**

California Chicken Pita,  
Homemade Chips,  
& 20 oz. Fountain Drink 6.79 ●

## Thursday

**MOM'S SOUP BOWL:**

Broccoli Cheddar

3.10/3.95 ●

Texas Chili

3.50/4.30 ●

**HEALTHY HABITS:**

Hawaiian Spring Salad 6.29 ●

**CHEF'S MARKET:**

Fried Chicken 4.79 ●

with Two Sides 6.99

**GRILL:**

Grilled Bratwurst

& Sauerkraut 3.99 ●

**SIDES:**

Corn 1.50 ●

Steamed Vegetables 1.45 ●

Mashed Potatoes 1.45 ●

**DAILY SPECIAL:**

Grilled Cheese,  
Tomato Soup,  
& 20 oz. Fountain Drink 6.75 ●

## Friday

**MOM'S SOUP BOWL:**

Chicken Tortilla

3.10/3.95 ●

Texas Chili

3.50/4.30 ●

**HEALTHY HABITS:**

Cajun Baked Fish 4.99 ●

with Black Bean Salsa 6.99

with Two Sides

**CHEF'S MARKET:**

Beef & Bean

Chimichanga 5.99 ●

with One Side 6.99

**SIDES:**

Potato Salad 1.50 ●

Baked Beans 1.40 ●

Refried Beans 1.40 ●

**DAILY SPECIAL:**

Chicken Quesadilla, Fries,  
& 20 oz. Fountain Drink 6.79 ●



**SERVED DAILY:**

Grilled Chicken Breast ●

Turkey Burger ●

Veggie Burger ●

Vegetable Plate ●  
(3 choices)

**GREEN** Choose **MORE** often

**YELLOW** Choose in **MODERATION**

**RED** Choose **LESS** often