Monday

MOM'S SOUP BOWL:
Seafood Chowder — 3.00 🟡
HEALTHY HABITS
Slow Roasted
Chicken Quarter — 5.20 🟢
CHEF'S MARKET:
California Salad
with Chicken, Avocado
& Roasted Vegetables — 6.30 🟡
GRILL:
Meatball Sub Sandwich — 5.50 🔴
SIDES:
Roasted Potatoes — 1.50 🔴
Roasted Vegetables — 1.45 🟢
DAILY SPECIAL:
Turkey, Ham, & Cheese Melt,
Home Made Chips
& 20 oz Fountain Drink — 6.75 🔴

Tuesday

MOM'S SOUP BOWL:
Texas Chili — 3.40 🔴
HEALTHY HABITS:
Korean Style
Pork Loin — 5.20 🟢
CHEF'S MARKET:
Mexican Lasagna — 5.20 🔴
GRILL:
Ultimate Grilled Cheese
With Sliced Tomato,
Spinach & Pesto Aioli — 5.75 🔴
SIDES:
Korean Fried Rice
with Vegetables — 1.50 🟡
Brussel Sprouts w/o Butter — 1.45 🟢
DAILY SPECIAL:
Beyond Meat Burger,
Vegetable Chop Salad Side,
& 20 oz Fountain Drink — 6.50 🟢

Wednesday

MOM'S SOUP BOWL:
Vegetable Bean — 3.00 🟡
CHEF'S MARKET:
Build Your Own
Greek Gyro — 6.30 🔴
HEALTHY HABIT:
Seafood Stuffed Tilapia — 6.20 🟢
GRILL:
Barbecue Pork Melt — 5.50 🔴
with Fries — 6.25 🔴
SIDES:
Roasted Mix Vegetables — 1.45 🟡
Peas & Carrots w/o Butter — 1.45 🟢
DAILY SPECIAL:
Grilled Turkey Burger,
Quinoa Tabbouleh,
& 20 oz Fountain Drink — 6.75 🟢

Thursday

MOM'S SOUP BOWL:
Texas Chili — 3.40 🔴
MADE TO ORDER:
(2)Green Chili Pork
Carnitas Tacos,
Cilantro Lime Slaw,
& (1)Tamale — 7.30 🟡
HEALTHY HABIT:
Artichoke Chicken — 5.20 🟢
GRILL:
Grilled Rueben — 5.50 🔴
SIDES:
Rice Pilaf — 1.50 🟢
Green Beans — 1.45 🟡
DAILY SPECIAL:
Grilled Rueben,
Home Made Chips,
& 20 oz Fountain Drink — 6.95 🔴

Friday

MOM'S SOUP BOWL:
Cream of Broccoli — 3.00 🟢
HEALTHY HABITS:
Spinach & Mushroom
Stuffed Chicken Breast — 6.20 🟢
CHEF'S MARKET:
Pasta con Broccoli
with a Garlic Bread Stick — 5.50 🟡
DELI SPECIAL:
Build Your Own Two
Topping Personal Pizza — 5.95 ⚫
GRILL:
Syberg's Crispy Chicken
Quesadilla — 5.50 🟡
SIDES:
Roasted Potatoes
& Onions — 1.45 🟡
Cauliflower w/o Butter — 1.50 🟢
DAILY SPECIAL:
Half Price Salad Bar and
Complimentary Ice Tea — $$$ 🟢
6.25 🔴

SERVED DAILY:

Grilled Chicken Breast ●
Turkey Burger ●
Veggie Burger ●
Vegetable Plate ●
(3 choices)

GREEN — Choose **MORE** often
YELLOW — Choose in **MODERATION**
RED — Choose **LESS** often