

weekly menu August 13 - August 17

Monday

- MOM'S SOUP BOWL:**
Texas Chili 3.50/4.30 ●
- CHEF'S MARKET:**
Honey Mustard
Chicken Breast 4.79 ●
with Two Sides 6.79
- HEALTHY HABIT:**
Baked Lasagna
w/Breadstick 5.99 ●
with One Side 6.99
- GRILL:**
Popcorn Shrimp 4.59 ●
- SIDES:**
Roasted Potatoes 1.50 ●
Mixed Vegetables 1.40 ●
Green Beans 1.40 ●
- DAILY SPECIAL:**
Popcorn Shrimp,
Home Made Chips,
20 oz Fountain Drink 6.79 ●

Tuesday

- MOM'S SOUP BOWL:**
Texas Chili 3.50/4.30 ●
- HEALTHY HABITS:**
Beef & Broccoli
Over White Rice 5.99 ●
w/ One Side 6.99 ●
- CHEF'S MARKET:**
General Tso's Chicken
Over White Rice 5.99 ●
with One Side 6.99
- GRILL:**
Buffalo Meatball Sub 4.59 ●
- SIDES:**
Crab Rangoon 1.50 ●
Asian Vegetables 1.40 ●
Egg Roll 1.40 ●
- DAILY SPECIAL:**
Buffalo Meatball Sub
Homemade Chips,
& 20 oz Fountain Drink 6.49 ●

Wednesday

- MOM'S SOUP BOWL:**
Texas Chili 3.50/4.30 ●
- CHEF'S MARKET:**
Smoked Barbecued
Beef Brisket 5.79 ●
with Two Sides 7.59
- HEALTHY HABITS:**
Smoked Barbecued
Chicken 4.99 ●
with Two Sides 6.99
- GRILL:**
Sloppy Joe Wrap
With Cheese 5.79 ●
- SIDES:**
Potato Salad 1.50 ●
Baked Beans 1.40 ●
Mixed Vegetables 1.40 ●
- DAILY SPECIAL:**
Sloppy Joe Wrap
With Cheese,
Homemade Chips,
& 20 oz. Fountain Drink 6.99 ●

Thursday

- MOM'S SOUP BOWL:**
Texas Chili 3.50/4.30 ●
- HEALTHY HABITS:**
Crab & Vegetable Pasta 6.29 ●
- CHEF'S MARKET:**
Fried Chicken 4.79 ●
with Two Sides 6.99
- GRILL:**
Grilled Rueben on Rye 4.99 ●
- SIDES:**
Corn 1.40 ●
Steamed Vegetables 1.40 ●
Mashed Potatoes 1.50 ●
- DAILY SPECIAL:**
Grilled Rueben on Rye,
French Fries,
& 20 oz Fountain Drink 6.79 ●

Friday

- MOM'S SOUP BOWL:**
Texas Chili 3.50/4.30 ●
- HEALTHY HABITS:**
Roasted
Southwest Chicken 4.79 ●
with Two Sides 6.79
- CHEF'S MARKET:**
Loaded Beef Nachos 6.99 ●
- GRILL:**
Grilled Cheese Sandwich 4.79 ●
- SIDES:**
Spanish Rice 1.50 ●
Refried Beans 1.50 ●
Mixed Vegetables 1.40 ●
- DAILY SPECIAL:**
Cod Sandwich,
French Fries,
& 20 oz. Fountain Drink 6.49 ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Beyond Meat Burger ●
- Vegetable Plate ●
(3 choices)

- GREEN** Choose MORE often
- YELLOW** Choose in MODERATION
- RED** Choose LESS often