

weekly menu

Sept. 3 - Sept. 7

Monday

WE HOPE YOU ENJOY YOUR HOLIDAY WEEKEND!

CAFE CLOSED IN OBSERVANCE OF THE LABOR DAY

Tuesday

MOM'S SOUP BOWL:

Texas Chili 3.50/4.30 ●

Chicken & Dumplings 3.10/3.95 ●

HEALTHY HABITS:

Turkey Stuffed Peppers 5.49 ●

with One Side 6.49

CHEF'S MARKET:

Crustless Vegetable Quiche 4.59 ●

with One Side 5.99

GRILL:

Pulled Pork Slaw Dog 4.29 ●

SIDES:

Fruit Salad 1.50 ●

Mixed Vegetables 1.40 ●

Peas & Carrots 1.40 ●

DAILY SPECIAL:

Pulled Pork Slaw Dog, Homemade Chips, & 20 oz Fountain Drink 6.49 ●

Wednesday

MOM'S SOUP BOWL:

Texas Chili 3.50/4.30 ●

Chicken Noodle 3.10/3.95 ●

CHEF'S MARKET:

Smoked Pork Nachos 6.99 ●

HEALTHY HABITS:

Smoked Chicken 4.99 ●

with Two Sides 6.99

GRILL:

Mushroom Swiss Burger 4.29 ●

SIDES:

Ovn Roasted Potatoes 1.50 ●

Refried Beans 1.50 ●

Mixed Vegetables 1.40 ●

DAILY SPECIAL:

Mushroom Swiss Burger, Homemade Chips, & 20 oz. Fountain Drink 6.49 ●

Thursday

MOM'S SOUP BOWL:

Texas Chili 3.50/4.30 ●

Spicy Sausage,

Red Beans & Rice 3.10/3.95 ●

HEALTHY HABITS:

Herb Marinated Chicken 4.79 ●

With Two Sides 6.99

CHEF'S MARKET:

Fried Chicken 4.79 ●

with Two Sides 6.99

GRILL:

Italian Beef Sandwich 5.69 ●

SIDES:

Mashed Potatoes 1.50 ●

Corn 1.40 ●

Green Beans 1.40 ●

DAILY SPECIAL:

Italian Beef Sandwich, French Fries, & 20 oz Fountain Drink 6.99 ●

Friday

MOM'S SOUP BOWL:

Texas Chili 3.50/4.30 ●

Vegetable 3.10/3.95 ●

HEALTHY HABITS:

Black Bean Quiniao

Burrito 5.99 ●

CHEF'S MARKET:

Tamales w/ Chili 5.99 ●

with One Side 6.99

SIDES:

Spanish Rice 1.50 ●

Refried Beans 1.50 ●

Mixed Vegetables 1.40 ●

DAILY SPECIAL:

Toasted Ravioli, Fries, & 20 oz. Fountain Drink 6.49 ●



SERVED DAILY:

Grilled Chicken Breast ●

Turkey Burger ●

Veggie Burger ●

Vegetable Plate ●
(3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often