

weekly menu

Sept. 17 - Sept. 21

Monday

MOM'S SOUP BOWL:

Garden Vegetable 3.00 ●

MADE TO ORDER:

Syberg's Famous
Crispy Chicken Strip Salad 6.30 ●

MEATLESS MONDAY:

Vegetable Packed
Pasta Primavera 5.20 ●

GRILL:

Slow Roasted
Beef French Dip 5.50 ●

SIDES:

Fresh Carrots 1.45 ●
Roasted Vegetables 1.45 ●

DAILY SPECIAL:

Turkey Swiss Melt,
Small House Salad,
& 20 oz Fountain Drink 6.05 ●

Tuesday

MOM'S SOUP BOWL:

Texas Chili 3.40 ●

HEALTHY HABITS:

Fall Apple Salad with Walnuts,
Bleu Cheese, Mixed Greens,
& Cranberry Vinaigrette 6.30 ●

CHEF'S MARKET:

Homestyle Meat Lasagna 5.20 ●

GRILL:

Ultimate Grilled
Cheese Sandwich
w/ Tomato Chutney 5.50 ●

with Fries 6.75 ●

SIDES:

Rice Pilaf 1.50 ●
Roasted Vegetables 1.45 ●

DAILY SPECIAL:

Beyond Burger,
Quinoa Pilaf,
20 oz Fountain Drink 6.25 ●

Wednesday

MOM'S SOUP BOWL:

Italian Wedding 3.00 ●

MADE TO ORDER:

Greek Gyro
Built to Order 6.20 ●

CHEF'S MARKET

Roast Turkey 5.20 ●

GRILL:

Barbecued
Pulled Pork Melt 5.50 ●
& Onions Rings 6.25 ●

SIDES:

Smashed Sweet Potatoes 1.50 ●
Peas & Carrots 1.45 ●

DAILY SPECIAL:

Grilled Turkey Burger,
Zucchini Fries,
& 20 oz Fountain Drink 6.25 ●

Thursday

MOM'S SOUP BOWL:

Texas Chili 3.40 ●

HEALTHY HABITS:

BLT Salad 6.60/4.20 ●

CHEF'S MARKET:

Fried Chicken 5.20 ●

GRILL:

Grilled Rueben 5.50 ●

SIDES:

Scallop Potatoes 1.50 ●
Fried Cabbage 1.45 ●

daily special:

Grilled Chicken Quesadilla,
Fajita Style Grilled Vegetables,
20 oz. Fountain Drink 6.25 ●

Friday

MOM'S SOUP BOWL:

Chef's Choice 3.00 ●

MADE TO ORDER:

Two Topping
Personal Pizza 5.95 ●

HEALTHY HABITS:

Grilled Garlicky Shrimp,
Chicken, & Vegetable
Skewer with Rice 5.50 ●

CHEF'S MARKET:

Southern Fried Catfish 5.50 ●

GRILL:

Syberg's Famous
Chicken Philly 6.50 ●

SIDES:

Mac & Cheese 1.50 ●
Cole Slaw 1.45 ●
Vegetable Rice 1.50 ●

DAILY SPECIAL:

Half Price Salad Bar and
Complimentary Ice Tea
or Spa Water \$\$\$ ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ●
(3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often