

weekly menu

Sept 17 - Sept 21

Monday

MOM'S SOUP BOWL:

- Chicken Noodle 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

CHEF'S MARKET:

- Spinach & Tomato
- Stuffed Portabella 4.29 ●
- with Two Sides 6.49

HEALTHY HABIT:

- Baked Marinated
- Chicken Leg Quarter 4.79 ●
- with Two Sides 6.99

GRILL:

- Meatball Sub 4.59 ●

SIDES:

- Roasted Sweet Potatoes 1.50 ●
- Carrots 1.40 ●
- Green Beans 1.40 ●

DAILY SPECIAL:

- Meatball Sub,
- Home Made Chips,
- 20 oz Fountain Drink 6.49 ●

Tuesday

MOM'S SOUP BOWL:

- Vegetable 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

Healthy Habits:

- Blackened Pepper
- Chicken Stir Fry 5.99 ●
- w/ One Side 6.99

CHEF'S MARKET:

- Pork Fried Rice 5.99 ●
- with One Side 6.99

GRILL:

- Bacon Cheeseburger 4.59 ●

SIDES:

- Egg Roll 1.50 ●
- Crab Rangoon 1.50 ●
- Asian Mixed Vegetables 1.40 ●

DAILY SPECIAL:

- Bacon Cheeseburger,
- Homemade Chips,
- & 20 oz Fountain Drink 6.99 ●

Wednesday

MOM'S SOUP BOWL:

- Chicken Tortilla 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

CHEF'S MARKET:

- Classic Crab Cakes 5.79 ●
- with Two Sides 6.99

HEALTHY HABITS:

- Smoked Pulled Chicken 4.99 ●
- with Two Sides 6.99

GRILL:

- Sloppy Joe Sandich
- with Cheese 4.29 ●

SIDES:

- Oven Roasted Potatoes 1.50 ●
- Peas & Mushrooms 1.40 ●
- Mixed Vegetables 1.40 ●

DAILY SPECIAL:

- Sloppy Joe Sandich
- with Cheese,
- Homemade Chips,
- & 20 oz. Fountain Drink 6.49 ●

Thursday

MOM'S SOUP BOWL:

- Minestrone 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

HEALTHY HABITS:

- Pork Kabobs 4.79 ●
- with Two Sides 6.99

CHEF'S MARKET:

- Country Fried Steak 4.79 ●
- with Two Sides 6.99

GRILL:

- California Chicken Pita
- With Peppers, Onions,
- & Mushrooms 4.79 ●

SIDES:

- Corn 1.40 ●
- Roasted Vegetables 1.40 ●
- Mashed Potatoes 1.50 ●

DAILY SPECIAL:

- California Chicken Pita
- Home Made Chips
- & 20 oz Fountain Drink 6.79 ●

Friday

MOM'S SOUP BOWL:

- Loaded Potato 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

HEALTHY HABITS:

- Cajun Baked Fish
- With Black Bean Salsa 4.99 ●
- with Two Sides 6.99

CHEF'S MARKET:

- Fried Fish 4.99 ●
- with Two Sides 6.99

GRILL:

- Buffalo Chicken Wrap 4.99 ●

SIDES:

- Potato Salad 1.50 ●
- Baked Beans 1.40 ●
- Mixed Vegetables 1.40 ●

DAILY SPECIAL:

- Buffalo Chicken Wrap,
- French Fries,
- & 20 oz. Fountain Drink 6.79 ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Beyond Meat Burger ●
- Vegetable Plate ●
- (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often