

weekly menu October 8 - October 12

Monday

MOM'S SOUP BOWL:

- Chicken Noodle 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

CHEF'S MARKET:

- Honey Mustard
- Chicken Breast 4.79 ●
- with Two Sides 6.79

HEALTHY HABIT:

- Baked Lasagna
- w/Breadstick 5.99 ●
- with One Side 6.99

GRILL:

- Popcorn Shrimp 4.59 ●

SIDES:

- Roasted Potatoes 1.50 ●
- Mixed Vegetables 1.40 ●
- Green Beans 1.40 ●

DAILY SPECIAL:

- Popcorn Shrimp,
- Home Made Chips,

Tuesday

MOM'S SOUP BOWL:

- Beef & Noodle 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

HEALTHY HABITS:

- Beef & Broccoli
- Over White Rice 5.99 ●
- w/ One Side 6.99 ●

CHEF'S MARKET:

- General Tso's Chicken
- Over White Rice 5.99 ●
- with One Side 6.99

GRILL:

- Buffalo Meatball Sub 4.59 ●

SIDES:

- Crab Rangoon 1.50 ●
- Asian Vegetables 1.40 ●
- Egg Roll 1.40 ●

DAILY SPECIAL:

- Buffalo Meatball Sub

Wednesday

MOM'S SOUP BOWL:

- Minestrone 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

CHEF'S MARKET:

- Smoked Barbecued
- Beef Brisket 5.79 ●
- with Two Sides 7.59

HEALTHY HABITS:

- Smoked Barbecued
- Chicken 4.99 ●
- with Two Sides 6.99

GRILL:

- Sloppy Joe Wrap
- With Cheese 4.29 ●

SIDES:

- Potato Salad 1.50 ●
- Baked Beans 1.40 ●
- Mixed Vegetables 1.40 ●

DAILY SPECIAL:

- Sloppy Joe Wrap
- With Cheese,
- Homemade Chips,
- & 20 oz. Fountain Drink 6.49 ●

Thursday

MOM'S SOUP BOWL:

- Chicken Vegetable 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

HEALTHY HABITS:

- Crab & Vegetable Pasta 6.29 ●

CHEF'S MARKET:

- Fried Chicken 4.79 ●
- with Two Sides 6.99

GRILL:

- Grilled Rueben on Rye 4.99 ●

SIDES:

- Corn 1.40 ●
- Steamed Vegetables 1.40 ●
- Mashed Potatoes 1.50 ●

DAILY SPECIAL:

- Grilled Rueben on Rye,
- French Fries,
- & 20 oz Fountain Drink 6.99 ●

Friday

MOM'S SOUP BOWL:

- Loaded Potato 3.10/3.95 ●
- Texas Chili 3.50/4.30 ●

HEALTHY HABITS:

- Roasted
- Southwest Chicken 4.79 ●
- with Two Sides 6.79

CHEF'S MARKET:

- Loaded Beef Nachos 6.99 ●

GRILL:

- Grilled Cheese Sandwich 2.29 ●

SIDES:

- Spanish Rice 1.50 ●
- Refried Beans 1.50 ●
- Mixed Vegetables 1.40 ●

DAILY SPECIAL:

- Cod Sandwich,
- French Fries,
- & 20 oz. Fountain Drink 6.49 ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Beyond Meat Burger ●
- Vegetable Plate ●
- (3 choices)

- GREEN** Choose MORE often
- YELLOW** Choose in MODERATION
- RED** Choose LESS often