

# weekly menu October 29 - November 2

## Monday

**MOM'S SOUP BOWL:**

- Texas Chili 3.50/4.30 ●
- Minestrone 3.10/3.95 ●

**HEALTHY HABITS:**

- Teriyaki Chicken Breast 4.79 ●
- with Two Sides 6.79

**CHEF'S MARKET:**

- Country Fried Steak 4.99 ●
- with Gravy 6.79
- with Two Sides

**GRILL:**

- Patty Melt On Rye 4.79 ●

**SIDES:**

- Mashed Potatoes 1.50 ●
- Corn w/o Butter 1.50 ●
- Mixed Vegetables 1.50 ●

**DAILY SPECIAL:**

- Patty Melt, Chips & 20 oz Fountain Drink 6.79 ●

## Tuesday

**MOM'S SOUP BOWL:**

- Texas Chili 3.50/4.30 ●
- Chicken & Dumpling 3.10/3.95 ●

**HEALTHY HABITS:**

- Turkey Stuffed Peppers 5.49 ●
- with One Side 6.49

**CHEF'S MARKET:**

- Crustless Vegetable Quiche 4.59 ●
- with One Side 5.99

**GRILL:**

- Pulled Pork Slaw Dog 4.29 ●

**SIDES:**

- Fruit Salad 1.50 ●
- Mixed Vegetables 1.40 ●
- Peas & Carrots 1.40 ●

**DAILY SPECIAL:**

- Pulled Pork Slaw Dog, Homemade Chips, & 20 oz Fountain Drink 6.49 ●

## Wednesday

**MOM'S SOUP BOWL:**

- Texas Chili 3.50/4.30 ●
- Chicken Noodle 3.10/3.95 ●

**CHEF'S MARKET:**

- Stuffed Baked Potato Bar with Smoked Pork & Smoked Chicken 6.99 ●

**HEALTHY HABITS:**

- Smoked Chicken 4.99 ●
- with Two Sides 6.99

**GRILL:**

- Mushroom Swiss Burger 4.29 ●

**SIDES:**

- Oven Roasted Potatoes 1.50 ●
- Broccoli w/o Butter 1.50 ●
- Mixed Vegetables 1.40 ●

**DAILY SPECIAL:**

- Mushroom Swiss Burger, Homemade Chips, & 20 oz. Fountain Drink 6.49 ●

## Thursday

**MOM'S SOUP BOWL:**

- Texas Chili 3.50/4.30 ●
- Spicy Sausage, Red Beans & Rice 3.10/3.95 ●

**HEALTHY HABITS:**

- Herb Marinated Chicken 4.79 ●
- With Two Sides 6.99

**CHEF'S MARKET:**

- Fried Chicken 4.79 ●
- with Two Sides 6.99

**GRILL:**

- Italian Beef Sandwich 5.69 ●

**SIDES:**

- Mashed Potatoes 1.50 ●
- Corn 1.40 ●
- Green Beans 1.40 ●

**DAILY SPECIAL:**

- Italian Beef Sandwich, French Fries, & 20 oz Fountain Drink 6.99 ●

## Friday

**MOM'S SOUP BOWL:**

- Texas Chili 3.50/4.30 ●
- Vegetable 3.10/3.95 ●

**HEALTHY HABITS:**

- Black Bean Quinoa Burrito 5.99 ●

**CHEF'S MARKET:**

- Tamales w/ Chili with One Side 5.99 ●
- 6.99

**SIDES:**

- Spanish Rice 1.50 ●
- Refried Beans 1.50 ●
- Mixed Vegetables 1.40 ●

**DAILY SPECIAL:**

- Toasted Ravioli, Fries, & 20 oz. Fountain Drink 6.49 ●



**SERVED DAILY:**

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ● (3 choices)

- GREEN** Choose MORE often
- YELLOW** Choose in MODERATION
- RED** Choose LESS often