

weekly menu November 5- November 9

Monday

MOM'S SOUP BOWL:

- Gumbo 3.00 ●
- Texas Chili 3.40 ●

MADE TO ORDER:

- Mandarin Orange Spinach Salad with Grilled Chicken & Honey Ginger 6.30 ●

HEALTHY HABITS:

- Balsamic Glazed Chicken Breast w/ Roasted Root Vegetables 6.25 ●

GRILL:

- Spicy Black Bean, Sweet Potato, Spinach Quesadilla 5.50 ●

SIDES:

- Roasted Potato & Onions 1.50 ●
- Mixed Roasted Squash 1.45 ●

DAILY SPECIAL:

- Double Smash Burger, Chips & 20 oz Fountain Drink 6.75 ●

Tuesday

MOM'S SOUP BOWL:

- French Onion 3.00 ●
- Texas Chili 3.40 ●

HEALTHY HABITS:

- Vegetable Lasagna 5.50 ●

CHEF'S MARKET:

- Beef Stew & Dinner Roll 6.25 ●

GRILL:

- Syberg's Famous Chicken Sandwich with Fries 4.95 ●
- 6.75 ●

SIDES:

- Vegetable Orzo 1.50 ●
- Green Beans w/o Butter 1.45 ●

DAILY SPECIAL:

- Grilled Turkey Burger, Baked Fries, & 20 oz Fountain Drink 6.75 ●

Wednesday

MOM'S SOUP BOWL:

- Split Pea 3.00 ●
- Texas Chili 3.40 ●

MADE TO ORDER:

- Build Your Own Nachos 6.30 ●

CHEF'S MARKET

- Chicken Florentine 5.20 ●

GRILL:

- Spinach Artichoke 5.50 ●
- Grilled Chicken Sandwich & Onions Rings 6.25 ●

SIDES:

- Roasted Brussels Sprouts 1.45 ●
- Mixed Vegetables 1.45 ●

DAILY SPECIAL:

- Hot Ham & Cheese, Chips & 20 oz Fountain Drink 5.75 ●

Thursday

MOM'S SOUP BOWL:

- Vegetable Beef 3.00 ●
- Texas Chili 3.40 ●

HEALTHY HABITS:

- Pineapple Sriracha Roast Chicken Quarter 5.20 ●

CHEF'S MARKET:

- Country Fried Steak 5.20 ●

GRILL:

- Chicken Bacon Ranch Melt on Whole Wheat 5.50 ●

SIDES:

- Mashed Potatoes & Gravy 1.50 ●
- Carrots 1.45 ●

DAILY SPECIAL:

- BLT Lettuce Wrap w/ Roasted Tomato Mayonnaise, Succatosh Salad, & 20 oz Fountain Drink 6.95 ●

Friday

MOM'S SOUP BOWL:

- Chef's Choice 3.00 ●
- Texas Chili 3.40 ●

MADE TO ORDER:

- Two Topping Personal Pizza 5.95 ●

HEALTHY HABITS:

- Chicken & Vegetable Stir Fry 5.50 ●

CHEF'S MARKET:

- Kale & Quinoa Salad With Grilled Chicken, Feta, Dried Cranberries & Balsamic Dressing 6.30 ●

GRILL:

- Crispy Shrimp Po Boy 5.50 ●

SIDES:

- Steamed White Rice 1.60 ●
- Roasted Vegetables 1.50 ●

DAILY SPECIAL:

- Half Price Salad Bar and Complimentary Ice Tea \$\$\$ ●



SERVED DAILY:

- Grilled Chicken Breast ●
- Turkey Burger ●
- Veggie Burger ●
- Vegetable Plate ● (3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often