

weekly menu November 5 - November 9

Monday

MOM'S SOUP BOWL:

Texas Chili 3.50/4.30 Chicken Noodle. 3.10/3.95 CHEF'S MARKET: Mostaccoli with Breadstick 5.79 with One Side Item 6.79 **HEALTHY HABITS:** 3.99 Eggplant Parmesan With Two Sides 5.99 GRIII: Chili Cheese Fries 5.29 SIDES: Mixed Vegetables 1.40 1.40 Green Beans **DAILY SPECIAL:** Chili Cheese Dog, French Fries,

6.49

Tuesday

MOM'S SOUP BOWL:

Broccoli Cheddar	3.10/3.95
Texas Chili .	3.10/3.95
HEALTHY HABITS:	
Roast Pork Loin	4.79 •
with Two Side	6.99
CHEF'S MARKET:	
Honey Mustard	
Chicken Breast	4.79 •
With Two Sides	6.79
GRILL:	
Pizza Burger	4.29
SIDES:	
Wild Rice Pilaf	1.50 •
Mixed Fresh Vegetabl	es 1.40 •
Carrots	1.40 •
DAILY SPECIAL:	
Pizza Burger,	
Homemade Chips,	

Wednesday

MOM'S SOUP BOWL:

Texas Chili	3.50/4.30
Minestrone	3.10/3.95
CHEF'S MARKET:	
Beef Chimichanga	5.99 •
with One Side	6.99
HEALTHY HABITS:	
Salsa Chicken	4.79 •
with Two Sides	6.99
GRILL:	
Sloppy Joe	
& Cheese Wrap	4.29
SIDES:	
Spanish Rice	1.50 •
Refried Beans	1.40 •
Mixed Vegetables	1.40
DAILY SPECIAL:	
Sloppy Joe	
& Cheese Wrap,	
Homemade Chips,	

Thursday

MOM'S SOUP BOWL:

20 oz Fountain Drink

Texas Chili 3.50/4.30 • Vegetarian Vegetable 3.10/3.95 • **HEALTHY HABITS:** 4.79 Lemon Pepper Tilapia 6.99 with Two Sides CHEF'S MARKET: Fried Chicken 4.79 with Two Sides 6.99 SIDES: Corn 1.40 1.40 Mixed Vegetables Mashed Potatoes 1.50 **DAILY SPECIAL:** Philly Cheese Steak, Homemade Chips, & 20 oz Fountain Drink 6.99

Friday

MOM'S SOUP BOWL:

& 20 oz Fountain Drink

6.49

6.99

MOM 5 5001 BOWL	•
Texas Chili	3.50/4.30
Clam Chowder	3.10/3.95
HEALTHY HABITS:	
Chicken & Vegetable	Pasta
In Light Olive Oil Sau	ce 6.29 •
CHEF'S MARKET:	
Fried Catfish Nuggets	4.99
with Two Side	6.99
GRILL:	
Ham & Cheese Melt	4.99 •
SIDES:	
Au Gratin Potatoes	1.50 •
Baked Beans	1.50 •
Mixed Vegetables	1.40 •
DAILY SPECIAL:	
Ham & Cheese Melt,	
Homemade Chips,	

& 20 oz. Fountain Drink



6.49

SERVED DAILY:

& 20 oz. Fountain Drink

Grilled Chicken Breast
Turkey Burger •
Veggie Burger •
Vegetable Plate •
(3 choices)

GREEN

Choose MORE often

YELLOW

Choose in MODERATION

RED

Choose LESS often