

weekly menu November 12 - November 16

Monday

MOM, 2 2005 ROMF:	
Chicken Noodle	3.10/3.95
Texas Chili	3.50/4.30
CHEF'S MARKET:	
Spinach & Tomato	
Stuffed Portabella	4.29
with Two Sides	6.49
HEALTHY HABIT:	
Baked Marinated	
Chicken Leg Quarter	4.79

GRILL: Meatball Sub 4.59 SIDES:

6.99

6.49

Roasted Sweet Potatoes 1.50 Carrots 1.40 Green Beans 1.40

DAILY SPECIAL:

with Two Sides

Meatball Sub, Home Made Chips. 20 oz Fountain Drink Tuesday

MOM'S SOUP BOWL: Vegetable 3.10/3.95 Texas Chili 3.50/4.30 **HEALTHY HABITS: Blackened Pepper** Chicken Stir Fry 5.99 6.99 w/ One Side CHEF'S MARKET: 5.99 Pork Fried Rice with One Side 6.99 **GRILL:** Bacon Cheeseburger 4.59 SIDES: Egg Roll 1.50 1.50 Crab Rangoon Asian Mixed Vegetables 1.40 **DAILY SPECIAL:** Bacon Cheeseburger,

Wednesday

MOM'S SOUP BOWL: Chicken Tortilla 3.10/3.95 Texas Chili 3.50/4.30 **CHEF'S MARKET:**

5.79 Classic Crab Cakes with Two Sides 6.99 **HEALTHY HABITS:**

Smoked Pulled Chicken 4.99 with Two Sides 6.99

GRILL:

Sloppy Joe Sandich with Cheese 4.29

SIDES: **Oven Roasted Potatoes** 1.50

1.40 Peas & Mushrooms Mixed Vegetables 1.40

DAILY SPECIAL: Sloppy Joe Sandwich with Cheese,

Homemade Chips, & 20 oz. Fountain Drink 6.49

Thursday

MOM'S SOUP BOWL:

Minestrone 3.10/3.95 Texas Chili 3.50/4.30

THANKSGIVING FEAST SPECIAL:

Choice of:

Roast Turkey or Glazed Ham, Two Sides, Dinner Roll, Cranberry Sauce,

Slice of Pie,

& 20 oz Fountain Drink 9.95 SIDES:

Sweet Potato Casserole 1.50 Mashed Potatoes & Gravy 1.40

Fresh Green Beans 1.40

HAPPY THANKSGIVING!

Friday

MOM'S SOUP BOWL:

Homemade Chips,

& 20 oz Fountain Drink

Loaded Potato 3.10/3.95 Texas Chili 3.50/4.30

6.99

4.99

HEALTHY HABITS:

Cajun Baked Fish

With Black Bean Salsa 4.99 with Two Sides 6.99

CHEF'S MARKET:

Fried Fish

with Two Sides 6.99 **GRILL:**

Buffalo Chicken Wrap 4.99

SIDES:

1.50 Potato Salad **Baked Beans** 1.40

1.40 Mixed Vegetables

DAILY SPECIAL:

Buffalo Chicken Wrap,

French Fries.

& 20 oz. Fountain Drink 6.79



SERVED DAILY:

Grilled Chicken Breast

Turkey Burger

Beyond Meat Burger Vegetable Plate

(3 choices)

GREEN Choose MORE often

YELLOW Choose in MODERATION

RED Choose LESS often