



Food Service and Catering

River's Edge Cafe

October 26th – October 30th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am – 8:30 am
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often
Yellow choose in Moderation
Red choose LESS often

Monday

CHEF'S MARKET:

Spaghetti with Meat Sauce and Breadstick **\$5.99**
With 1 side **\$6.99**

HEALTHY HABIT:

Herb Chicken Breast over Steamed Brown Rice **\$5.99**
With 1 Side **\$6.99**

SIDES:

Steamed Brown Rice **\$1.60**
Green Beans **\$1.60**
Vegetable Medley **\$1.60**

GRILL SPECIAL:

Popcorn Shrimp with Cocktail Sauce **\$4.99**

Tuesday

CHEF'S MARKET:

Grilled Jerk Chicken **\$4.99**
With 2 sides **\$6.99**

HEALTHY HABIT:

Roast Pork Loin **\$4.99**
With 2 Sides **\$6.99**

SIDES:

Trio of Roasted Potatoes **\$1.60**
Yellow & Zucchini Squash **\$1.60**
Peas & Carrots **\$1.60**

GRILL SPECIAL:

Pork Fritter Sandwich **\$5.29**

Wednesday

CHEF'S MARKET:

Beef Taco Salad **\$6.99**

HEALTHY HABIT:

Grilled Chicken Taco Salad On a Bed of Lettuce **\$6.99**

SIDES:

Mexican Rice **\$1.60**
Refried Beans **\$1.60**
Roasted Corn **\$1.50**

GRILL SPECIAL:

Bacon Cheese Burger **\$4.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$4.99**
with 2 sides **\$6.99**

HEALTHY HABIT:

Crab & Veggie Pasta in Lite Olive Oil Sauce **\$5.99**
With 1 Side **\$6.99**

SIDES:

Mashed Potatoes **\$1.60**
Corn **\$1.50**
Roasted Vegetables **\$1.60**

GRILL SPECIAL:

Sloppy Joe & Cheese Wrap **\$4.99**

Friday

CHEF'S MARKET:

Beef Stroganoff over Buttered Egg Noodles **\$5.99**
With 1 side **\$6.99**

HEALTHY HABIT:

Chicken Provolone **\$4.99**
With 2 Sides **\$6.99**

SIDES:

Buttered Egg Noodles **\$1.60**
Cauliflower & Broccoli **\$1.60**
Steamed Vegetables **\$1.60**

GRILL SPECIAL:

Buffalo Chicken Sandwich **\$5.29**

Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate