



Food Service and Catering by:

# River's Edge Cafe

## April 12<sup>th</sup> – April 16<sup>th</sup>

Jo Landon Manager

[exdphillips66@gmail.com](mailto:exdphillips66@gmail.com)

Hours: 6:00 am – 8:30 am

10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often  
Yellow choose in **Moderation**  
Red choose **LESS** often

### Monday

#### CHEF'S MARKET:

Spaghetti with Meat Sauce and Breadstick **\$5.99**  
With 1 side **\$6.99**

#### HEALTHY HABIT:

Herb Chicken Breast over Steamed Brown Rice **\$5.99**  
With 1 Side **\$6.99**

#### SIDES:

Steamed Brown Rice **\$1.60**  
Green Beans **\$1.60**  
Vegetable Medley **\$1.60**

#### GRILL SPECIAL:

Popcorn Shrimp with Cocktail Sauce **\$4.99**

### Tuesday

#### CHEF'S MARKET:

Grilled Jerk Chicken **\$4.99**  
With 2 sides **\$6.99**

#### HEALTHY HABIT:

Roast Pork Loin **\$4.99**  
With 2 Sides **\$6.99**

#### SIDES:

Trio of Roasted Potatoes **\$1.60**  
Yellow & Zucchini Squash **\$1.60**  
Peas & Carrots **\$1.60**

#### GRILL SPECIAL:

Pork Fritter Sandwich **\$5.29**

### Wednesday

#### CHEF'S MARKET:

Beef Taco Salad **\$6.99**

#### HEALTHY HABIT:

Grilled Chicken Taco Salad On a Bed of Lettuce **\$6.99**

#### SIDES:

Mexican Rice **\$1.60**  
Refried Beans **\$1.60**  
Roasted Corn **\$1.50**

#### GRILL SPECIAL:

Bacon Cheese Burger **\$4.99**

### Thursday

#### CHEF'S MARKET:

Country Fried Steak **\$4.99**  
with 2 sides **\$6.99**

#### HEALTHY HABIT:

Crab & Veggie Pasta in Lite Olive Oil Sauce **\$5.99**  
With 1 Side **\$6.99**

#### SIDES:

Mashed Potatoes **\$1.60**  
Corn **\$1.50**  
Roasted Vegetables **\$1.60**

#### GRILL SPECIAL:

Sloppy Joe & Cheese Wrap **\$4.99**

### Friday

#### CHEF'S MARKET:

BBQ Pork Steak **\$5.99**  
With 2 Sides **\$6.99**

#### HEALTHY HABIT:

Chicken Provolone **\$4.99**  
With 2 Sides **\$6.99**

#### SIDES:

Potato Casserole **\$1.60**  
Cauliflower & Broccoli **\$1.60**  
Steamed Vegetables **\$1.60**

#### GRILL SPECIAL:

Buffalo Chicken Sandwich **\$5.29**

### Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate