



Food Service and Catering by:

River's Edge Cafe

May 24th – May 28th

Jo Landon Manager

exdphillips66@gmail.com

Hours: 6:00 am – 8:30 am

10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often
Yellow choose in **Moderation**
Red choose **LESS** often

Monday

CHEF'S MARKET:

Spaghetti with Meat Sauce and Breadstick **\$5.99**
With 1 side **\$6.99**

HEALTHY HABIT:

Herb Chicken Breast over Steamed Brown Rice **\$5.99**
With 1 Side **\$6.99**

SIDES:

Steamed Brown Rice **\$1.60**
Green Beans **\$1.60**
Vegetable Medley **\$1.60**

GRILL SPECIAL:

Popcorn Shrimp with Cocktail Sauce **\$4.99**

Tuesday

CHEF'S MARKET:

Grilled Jerk Chicken **\$4.99**
With 2 sides **\$6.99**

HEALTHY HABIT:

Roast Pork Loin **\$4.99**
With 2 Sides **\$6.99**

SIDES:

Trio of Roasted Potatoes **\$1.60**
Yellow & Zucchini Squash **\$1.60**
Peas & Carrots **\$1.60**

GRILL SPECIAL:

Buffalo Chicken Wrap **\$5.29**

Wednesday

CHEF'S MARKET:

Beef Taco Salad **\$6.99**

HEALTHY HABIT:

Grilled Chicken Taco Salad On a Bed of Lettuce **\$6.99**

SIDES:

Mexican Rice **\$1.60**
Refried Beans **\$1.60**
Roasted Corn **\$1.50**

GRILL SPECIAL:

Bacon Cheese Burger **\$4.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$4.99**
with 2 sides **\$6.99**

HEALTHY HABIT:

Crab & Veggie Pasta in Lite Olive Oil Sauce **\$5.99**
With 1 Side **\$6.99**

SIDES:

Mashed Potatoes **\$1.60**
Corn **\$1.50**
Roasted Vegetables **\$1.60**

GRILL SPECIAL:

Toasted Ravioli with Marinara **\$4.99**

Friday

CHEF'S MARKET:

Fried Fish **\$4.99**
With 2 Sides **\$6.99**

HEALTHY HABIT:

Chicken Provolone **\$4.99**
With 2 Sides **\$6.99**

SIDES:

Buttered Boiled Potatoes **\$1.60**
Baked Beans **\$1.60**
Steamed Vegetables **\$1.60**

GRILL SPECIAL:

Pork Fritter Sandwich **\$5.29**

Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate