

River's Edge Cafe August 30th – September 3rd

Jo Landon Manager

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Hours: 6:00 am – 8:30 am 10:30 am – 12:30 pm We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday		Tuesday		Wednesday	
CHEF'S MARKET: Mango Salsa Chicken With 2 Sides	\$4.99 \$6.99	CHEF'S MARKET: Beef & Broccoli over Rice With one Side	\$5.99 \$6.99	CHEF'S MARKET: Beef Nachos	\$6.99
HEALTHY HABIT: Strawberry Fields Salad SIDES:	\$6.99	HEALTHY HABIT: Stir Fry Sesame Chicken over Rice With 1 Side	\$5.99 \$6.99	HEALTHY HABIT: Salsa Chicken With 2 Sides	\$4.99 \$6.99
Oven Roasted Potatoes Green Beans Vegetable Medley	\$1.60 \$1.60 \$1.60	SIDES: Steamed Rice Stir Fry Vegetables Egg Roll	\$1.60 \$1.60 \$1.60	SIDES: Mexican Rice Refried Beans Mixed Vegetables	\$1.60 \$1.60 \$1.60
GRILL SPECIAL: Chicken Parmesan Sandwich	\$4.99	Crab Rangoon GRILL SPECIAL: Sloppy Joe & Cheese Sandwich	\$1.60 \$4.99	GRILL SPECIAL: Philly Cheesesteak Sandwich	\$6.29

Thursday	
CHEF'S MARKET: Country Fried Steak with 2 sides	\$4.99 \$6.99
HEALTHY HABIT: Stuffed Butternut Squash With 2 Sides	\$4.99 \$6.99
SIDES: Mashed Potatoes Corn Zucchini & Yellow Squash	\$1.60 \$1.60 \$1.60
GRILL SPECIAL: Western Chicken Sandwich	\$5.49

Friday	
CHEF'S MARKET: Fried Fish with 2 sides	\$4.99 \$6.99
HEALTHY HABITS: Herb Baked Fish With 2 Sides	\$4.99 \$6.99
SIDES: Potato Salad Vegetable Medley Cole Slaw	\$1.60 \$1.60 \$1.60
GRILL SPECIAL: Hamburger Horseshoe	\$5.99

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate