

**Monday**

CHEF'S MARKET:  
Red Beans, Rice & Spicy Sausage with Corn Bread \$6.99  
With 1 Side \$7.99

HEALTHY HABIT:  
Spinach & Feta Stuffed Fish \$5.99  
With 2 Sides \$7.99

SIDES:  
Steamed Rice \$1.75  
Green Beans \$1.75  
Vegetable Medley \$1.75

GRILL SPECIAL:  
Grilled Ham & Cheese \$5.79

**Tuesday**

CHEF'S MARKET:  
Teriyaki Pork Loin \$5.99  
With 2 Sides \$7.99

HEALTHY HABIT:  
Cajun Chicken With Black Bean Corn Salsa \$5.99  
With 2 Sides \$7.99

SIDES:  
Herb Roasted Potatoes \$1.75  
Peas & Mushrooms \$1.75  
Vegetable Medley \$1.75

GRILL SPECIAL:  
Buffalo Chicken Sandwich \$5.49

**Wednesday**

CHEF'S MARKET:  
Beef Taco Salad \$7.99

HEALTHY HABIT:  
Grilled Chicken Taco Salad On Bed of Lettuce \$7.99

SIDES:  
Mexican Rice \$1.75  
Refried Beans \$1.75  
Roasted Corn \$1.75

GRILL SPECIAL:  
Bacon Cheese Burger \$5.99

**Thursday**

CHEF'S MARKET:  
Country Fried Steak \$5.99  
With 2 sides \$7.99

HEALTHY HABIT:  
Herb Chicken Breast \$5.99  
With 2 Sides \$7.99

SIDES:  
Mashed Potatoes \$1.75  
Corn \$1.75  
Vegetable Medley \$1.75

GRILL SPECIAL:  
Shrimp PO Boy \$5.99

**Friday**

CHEF'S MARKET:  
Fried Fish \$5.99  
With 2 Sides \$7.99

HEALTHY HABIT:  
Parmesan Crusted Fish \$5.99  
With 2 Sides \$7.99

SIDES:  
Macaroni & Cheese \$1.75  
Baked Beans \$1.75  
Vegetable Medley \$1.75

GRILL SPECIAL:  
BBQ Smoked Chicken & Cheese Wrap \$5.99

**Served Daily**

Grilled Chicken Breast  
Beyond Burger  
Turkey Burger  
Vegetable Plate