



Food Service and Catering by:

# River's Edge Cafe

November 8<sup>th</sup> – November 12<sup>th</sup>

Jo Landon Manager  
[exdphillips66@gmail.com](mailto:exdphillips66@gmail.com)  
Hours: 6:00 am – 8:30 am  
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often  
Yellow choose in **Moderation**  
Red choose **LESS** often

## Monday

### CHEF'S MARKET:

Lasagna with Breadstick  
With 1 side **\$6.99**  
**\$7.99**

### HEALTHY HABIT:

Herb Chicken Breast over  
Steamed Brown Rice  
With 1 Side **\$6.99**  
**\$7.99**

### SIDES:

Steamed Brown Rice **\$1.75**  
Green Beans **\$1.75**  
Vegetable Medley **\$1.75**

### GRILL SPECIAL:

Popcorn Shrimp with  
Cocktail Sauce **\$5.29**

## Tuesday

### CHEF'S MARKET:

Grilled Jerk Chicken **\$5.99**  
With 2 sides **\$7.99**

### HEALTHY HABIT:

Roast Pork Loin **\$5.99**  
With 2 Sides **\$7.99**

### SIDES:

Oven Roasted Potatoes **\$1.75**  
Peas & Carrots **\$1.75**  
Steamed Broccoli **\$1.75**

### GRILL SPECIAL:

Buffalo Chicken Chunks **\$5.99**

## Wednesday

### CHEF'S MARKET

Beef Chimmichanga **\$6.99**  
With 1 Side **\$7.99**

### HEALTHY HABIT:

Salsa Chicken **\$5.99**  
With 2 Sides **\$7.99**

### SIDES:

Mexican Rice **\$1.75**  
Refried Beans **\$1.75**  
Vegetable Medley **\$1.75**

### GRILL SPECIAL:

Bacon Cheese Burger **\$5.99**

## Thursday

### CHEF'S MARKET:

Country Fried Steak **\$5.99**  
with 2 sides **\$7.99**

### HEALTHY HABIT:

Crab & Veggie Pasta in  
Lite Olive Oil Sauce **\$6.99**  
With 1 Side **\$7.99**

### SIDES:

Mashed Potatoes **\$1.75**  
Corn **\$1.75**  
Roasted Brussel Sprouts **\$1.75**

### GRILL SPECIAL:

Toasted Ravioli  
with Marinara **\$5.29**

## Friday

### CHEF'S MARKET:

Fried Fish **\$5.99**  
With 2 Sides **\$7.99**

### HEALTHY HABIT:

Chicken Provolone **\$5.99**  
With 2 Sides **\$7.99**

### SIDES:

Buttered Boiled Potatoes **\$1.75**  
Baked Beans **\$1.75**  
Steamed Vegetables **\$1.75**

### GRILL SPECIAL:

Pork Fritter Sandwich **\$5.79**

## Served Daily

Grilled Chicken Breast  
Beyond Burger  
Turkey Burger  
Vegetable Plate