



Food Service and Catering by:

River's Edge Cafe

January 31st – February 4th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am – 8:30 am
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often
Yellow choose in **Moderation**
Red choose **LESS** often

Monday

CHEF'S MARKET:

Lasagna with Breadstick
With 1 side **\$6.99**
\$7.99

HEALTHY HABIT:

Herb Chicken Breast over
Wild Rice **\$6.99**
With 1 Side **\$7.99**

SIDES:

Wild Rice **\$1.75**
Green Beans **\$1.75**
Vegetable Medley **\$1.75**

GRILL SPECIAL:

Popcorn Shrimp with
Cocktail Sauce **\$5.99**

Tuesday

CHEF'S MARKET:

Grilled Jerk Chicken **\$5.99**
With 2 sides **\$7.99**

HEALTHY HABIT:

Shrimp & Veggie Pasta in
Lite Olive Oil Sauce **\$6.99**
With 1 Side **\$7.99**

SIDES:

Oven Roasted Potatoes **\$1.75**
Italian Green Beans **\$1.75**
Zucchini & Yellow Squash **\$1.75**

GRILL SPECIAL:

Buffalo Chicken Chunks **\$5.99**

Wednesday

CHEF'S MARKET

Beef Chimmichanga **\$6.99**
With 1 Side **\$7.99**

HEALTHY HABIT:

Salsa Chicken **\$5.99**
With 2 Sides **\$7.99**

SIDES:

Mexican Rice **\$1.75**
Refried Beans **\$1.75**
Vegetable Medley **\$1.75**

GRILL SPECIAL:

Bacon Cheese Burger **\$5.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$5.99**
with 2 sides **\$7.99**

HEALTHY HABIT:

Boneless Pork Chop **\$5.99**
With 2 sides **\$7.99**

SIDES:

Mashed Potatoes **\$1.75**
Corn **\$1.75**
Roasted Brussel Sprouts **\$1.75**

GRILL SPECIAL:

Toasted Ravioli
with Marinara **\$5.49**

Friday

CHEF'S MARKET:

Fried Fish **\$5.99**
With 2 Sides **\$7.99**

HEALTHY HABIT:

Baked Fish **\$5.99**
With 2 Sides **\$7.99**

SIDES:

Buttered Boiled Potatoes **\$1.75**
Baked Beans **\$1.75**
Steamed Vegetables **\$1.75**

GRILL SPECIAL:

Pork Fritter Sandwich **\$5.99**

Served Daily

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate