

# River's Edge Cafe March 14<sup>th</sup> –March 18<sup>th</sup>

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am - 8:30 am
10:30 am - 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

### **Monday**

CHEF'S MARKET: Lasagna with Breadstick With 1 side	\$6.99 \$7.99
HEALTHY HABIT: Herb Chicken Breast over Steamed Rice With 1 Side	\$6.99 \$7.99
SIDES: Steamed Rice Green Beans Vegetable Medley	\$1.75 \$1.75 \$1.75
GRILL SPECIAL: Toasted Ravioli with Marinara	\$5.99

### **Tuesday**

CHEF'S MARKET:	
Grilled Jerk Chicken	\$5.99
With 2 sides	\$7.99
HEALTHY HABIT	
HEALTHY HABIT:	4= 00
Roast Pork Loin	\$5.99
With 2 Sides	\$7.99
SIDES:	
Oven Roasted Potatoes	\$1.75
Mixed Vegetables	\$1.75
Spaghetti Squash	\$1.75
GRILL SPECIAL:	
Buffalo Chicken Chunks	¢5 00
Dullaid Chickell Chuliks	<b>73.33</b>

# Wednesday

CHEF'S MARKET Loaded Beef Nachos	<b>\$7.9</b>
HEALTHY HABIT: Salsa Chicken With 2 Sides	\$5.99 \$ <b>7</b> .99
SIDES: Mexican Rice Refried Beans Vegetable Medley	\$1.75 \$1.75 \$1.75
<b>GRILL SPECIAL:</b> Bacon Cheese Burger	\$5.99

# **Thursday**

**CHEF'S MARKET:** 

with 2 sides	\$5.99 \$7.99
HEALTHY HABIT: Baked Chicken With 2 Side	\$6.99 \$7.99
SIDES: Mashed Potatoes Corn Vegetable Medley	\$1.75 \$1.75 \$1.75
GRILL SPECIAL:	



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Friday	
CHEF'S MARKET: Fried Fish With 2 Sides	\$5.99 \$7.99
HEALTHY HABIT: Herb Baked Fish With 2 Sides	\$5.99 \$ <b>7</b> .99
SIDES: Buttered Boiled Potatoes Baked Beans Steamed Vegetables	\$1.75 \$1.75 \$1.75
GRILL SPECIAL:	

\$5.99

Pork Fritter Sandwich

## **Served Daily**

Grilled Chicken Breast
Beyond Burger
Turkey Burger
Vegetable Plate