

River's Edge Cafe

August 1st - August 5th

Jo Landon Manager exdphillips66@gmail.com Hours: 6:00 am - 8:30 am 10:30 am - 12:30 pm

We provide the following colorcoded menu to assist those who are interested in making better nutritional choices:

Green Choose MORE often Yellow choose in Moderation Red choose LESS often

Monday

CHEF'S MARKET: Spaghetti & Meat Sauce with Breadstick \$6.99 With 1 Side \$7.99 HFAITHY HABIT Mango Salsa Chicken \$5.99 With 2 Sides \$7.99 SIDES: Oven Roasted Potatoes \$1.75 Roasted Brussel Sprouts \$1.75 Green Beans \$1.75 **GRILL SPECIAL:** Hamburger Horseshoe \$6.99

Tuesday

CHEF'S MARKET: \$6.99 Pork Fried Rice With 1 Side **HEALTHY HABIT:** Chicken & Veggie Stir Fry Over Rice \$6.99 With 1 Side \$7.99 SIDES: Steamed Rice \$1.75 Stir Fry Vegetables \$1.75 Egg Roll \$1.75 Crab Rangoon \$1.75

GRILL SPECIAL:

Western Chicken Sandwich \$5.99

Wednesday

CHEF'S MARKET:

Smoked Pork \$5.99 With two sides \$7.99 **HEALTHY HABIT:** \$5.99 Smoked Chicken With 2 Sides \$7.99 SIDES: Au Gratin Potatoes \$1.75 Vegetable Medley \$1.75 Cole Slaw \$1.75

GRILL SPECIAL:

Popcorn Shrimp with Cocktail Sauce

\$5.99

Thursday

CHEF'S MARKET: \$5.99 Country Fried Steak With 2 sides \$7.99 **HEALTHY HABIT:** Stuffed Butternut Squash \$5.99 With 2 Sides \$7.99 SIDES: Mashed Potatoes \$1.75 Corn \$1.75 Vegetable Medley \$1.75 GRILL SPECIAL: Chicken Parmesan Sandwich \$5.99

Friday

CHEF'S MARKET: Fried Fish \$5.99 With 2 sides \$7.99 **HEALTHY HABITS:** \$5.99 Herb Baked Fish With 2 Sides \$7.99 SIDES: Baked Potato with Butter & Sour Cream \$1.75 Mixed Vegetables \$1.75 **Baked Beans** \$1.75 GRILL SPECIAL: Philly Cheesesteak \$6.99

Served Daily

Grilled Chicken Breast Beyond Burger Turkey Burger Vegetable Plate