

Breakfast Chia Seed Parfait Yogurt Parfait Hard Boiled Eggs Fruit Cup Stuffed Biscuit with Roasted Potatoes Sausage & Waffle Biscuits & Gravy

Executive Dining Express Fresh Food Week of October 31st

Snacks

Chia Seed Parfait RIGHT Yogurt Parfait Hard Boiled Eggs Fruit Cup Celery & Peanut Butter Carrots & Hummus Apple Slices & FIFTES Chocolate Pudding Cup Gooey Butter Dessert Cup



Salads & Sandwiches

Garden Salad **BLT Salad** Beef & Cheddar on Sourdough Turkey & Provolone on Wheat Ham & Swiss Sliders **Bagel & Cream Cheese** Veggie Burger

> Cheeseburger Spicy Chicken Sandwich Chicken Caesar Wrap Chicken Salad on Croissant



Heat & Eat

Cheese Breadsticks Chicken Strips Chili

Red Pepper Gouda Soup Chicken Stir Fry over Rice Work Life Balance Meals:

Chicken, Roasted Potatoes & Broccoli Teriyaki Pork with Brown Rice and Vegetables



Fresh food options change weekly. Based on Market Fresh Food Menu, all items are subject to change based on participating locations and availability. Items may be out of stock at a specific location.