



Food Service and Catering by:

River's Edge Cafe

October 10th – October 14th

Jo Landon Manager
exdphillips66@gmail.com
Hours: 6:00 am – 8:30 am
10:30 am – 12:30 pm

We provide the following color-coded menu to assist those who are interested in making better nutritional choices:

Green Choose **MORE** often
Yellow choose in **Moderation**
Red choose **LESS** often

Monday

CHEF'S MARKET:

Lasagna with Breadstick
With 1 side **\$6.99**
\$7.99

HEALTHY HABIT:

Rosemary Artichoke Chicken
With 2 Sides **\$5.99**
\$7.99

SIDES:

Wild Rice **\$1.75**
Peas & Carrots **\$1.75**
Vegetable Medley **\$1.75**

GRILL SPECIAL:

Brat & Kraut **\$4.99**

Tuesday

CHEF'S MARKET:

Honey Mustard Chicken **\$5.99**
With 2 sides **\$7.99**

HEALTHY HABIT:

Teriyaki Pork Loin **\$5.99**
With 2 Sides **\$7.99**

SIDES:

Oven Roasted Potatoes **\$1.75**
Green Beans **\$1.75**
Roasted Brussel Sprouts **\$1.75**

GRILL SPECIAL:

Buffalo Chicken Chunks **\$6.29**

Wednesday

CHEF'S MARKET

Beef Chimmichanga **\$6.99**
With 1 Side **\$7.99**

HEALTHY HABIT:

Salsa Chicken **\$5.99**
With 2 Sides **\$7.99**

SIDES:

Mexican Rice **\$1.75**
Refried Beans **\$1.75**
Vegetable Medley **\$1.75**

GRILL SPECIAL:

Toasted Ravioli with
Marinara **\$5.99**

Thursday

CHEF'S MARKET:

Country Fried Steak **\$5.99**
with 2 sides **\$7.99**

HEALTHY HABIT:

Baked Chicken **\$5.99**
With 2 sides **\$7.99**

SIDES:

Mashed Potatoes **\$1.75**
Corn **\$1.75**
Zucchini & Yellow Squash **\$1.75**

GRILL SPECIAL:

Jalapeno Chili Cheeseburger **\$6.49**

Friday

CHEF'S MARKET:

Fried Fish **\$5.99**
With 2 Sides **\$7.99**

HEALTHY HABIT:

Herb Baked Fish **\$5.99**
With 2 Sides **\$7.99**

SIDES:

Buttered Boiled Potatoes **\$1.75**
Baked Beans **\$1.75**
Steamed Broccoli **\$1.75**

GRILL SPECIAL:

Chicken Quesadilla **\$5.99**

Served Daily

Grilled Chicken Breast

Beyond Burger

Turkey Burger

Vegetable Plate