

Breakfast


Chia Seed Parfait 
Yogurt Parfait
Hard Boiled Eggs 
Fruit Cup 
Sausage Egg & Cheese Biscuit
Waffle & Sausage
Biscuits & Gravy
Bagel & Cream Cheese
Big John Breakfast Sandwich



Heat & Eat

Cheese Breadsticks & Marinara
Chicken Strips
BBQ Boneless Chicken Wings
Chili
Red Pepper Gouda Soup
Chicken & Dumplings

Snacks

Chia Seed Parfait 
Yogurt Parfait
Hard Boiled Eggs 
Fruit Cup 
Celery & Peanut Butter 
Carrots & Hummus 
Chocolate Pudding Cup
Chocolate Chunk Scones



Salads & Sandwiches

Garden Salad 
BLT Salad
Beef & Cheddar on Sourdough
Turkey & Provolone on Wheat 
Ham & Swiss Sliders
Bagel & Cream Cheese
Veggie Burger 
Cheeseburger
Spicy Chicken Sandwich
Plain Breaded Chicken Sandwich